# Congress Park

www.CongressParkNeighbors.org

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#### Residential Permit Parking Program Modified Near Colorado Boulevard

**Vew** 

Last fall, reportedly in response to several resident inquiries and changing neighborhood conditions, the Parking Operations Section (POS) of Denver Public Works Traffic Engineering Services conducted a review of the parking restrictions on several blocks near the former University Hospital location.

POS evaluated the need for the Residential Parking Permit restrictions on a selection of blocks from Sixth to Eleventh Avenues and from Madison Street west to Steele Street. Generally speaking, the closer to Colorado Boulevard, the more likely the two-hour RPPs would stay in place, the farther west, the more likely the restrictions would be removed.

About 550 residents of the affected are received letters informing them of the proposed changes and requesting feedback to the POS. District 10 Councilwoman Jeanne Robb notified Congress Park Neighbors, Inc. (CPN), the cognizant Registered Neighborhood Organization (RNO), that the letters had been sent.

Congress Park's Vision (1995 Neighborhood Plan)

Congress Park is a traditional city neighborhood with a small-town atmosphere. Here, people of diverse cultures, ages, colors and economic backgrounds share a sense of community, value older homes and mature trees, and enjoy the convenience of city living amid the stability of a thriving neighborhood. As this process rolled out, many neighbors contacted CPN, as well as Councilwoman Jeanne Robb and Parking Operations to give their feedback. This was done via phone calls and email and through a short survey developed, issued and tallied by CPN volunteers, and shared with the City.

Spring 2014

Because of neighbor input, Parking Operations revised its decision concerning some of the impacted blocks. This decision provided relief for some blocks and protection for others. Residents of some blocks felt the restrictions were no longer needed, since they are no longer impacted by University Hospital traffic. Other blocks' residents wanted the restricted parking to remain in place as they continue to be affected by new construction.

Congratulations to all of you who were willing to participate in the decision making process. If you want to get involved in this kind of grassroots neighborhood management and city-county liaison activity, please contact a Board member at cpnboard@congresspark neighbors.org to volunteer for a committee.



#### Volunteer Opportunity: Newsletter Coordinator Needed by March 20

**V**ou love the vibrancy of the Congress Park I neighborhood. You have lived here a long time or you just moved in and want to get involved. You have good organizational skills and can spare a couple days every few months to gather articles for the newsletter. Congress Park is looking for a neighbor who can be our Volunteer Newsletter Coordinator. This could be a great relationship. You'll work with an existing volunteer editorial and layout team to manage the production of the 30-plus year-old vibrant quarterly neighborhood newsletter. The newsletter informs Congress Park neighbors about neighborhood-related issues and works with the volunteer neighborhood Board in the best interest of the neighborhood to further the neighborhood vision.

The newsletter coordinator will: solicit and gather news copy from continuing and new writers on topics of interest to our dynamic neighbor hood; write as needed to share news and issues; ensure that information about newsletter articles, layout, proofing, printing and bulk delivery gets to the people who need it; keep current on issues relevant to the neighborhood in order to solicit news articles from experts; and advise the CPN, Inc. Board of newsletter and neighborhood issues. Is this you? Email cpnboard@congress parkneighbors.org to express your interest in volunteering. Not sure? Email Wendy Moraskie at wendyrich@msn.com to hear more.

Just want to dip your toe in neighborhood issues? Email cpnboard@congressparkneighbors.org to find out about the next meeting or volunteer for a committee.

#### congressparkneighbors.org Your Congress Park Neighbors 2014 Volunteer Board of Directors

Tom Conis—President tom.conis@congressparkneighbors.org

Myles Tangalin—Treasurer treasurer@congressparkneighbors.org

Maggie Price—Website 1465 Fillmore; 303-333-5478 maggie.price@congressparkneighbors.org

Wendy Moraskie—Newsletter 1475 Milwaukee St.; 303-355-3735 wendyrich@msn.com

Your elected, all-volunteer Congress Park Board invites you to attend the open meetings at National Jewish Hospital on the third Wednesday every other month (Feb., Apr., June, Aug., Oct., Dec.) at 7 p.m. in Heitler Hall.

Lots of other neighbors help with communications, membership, and more, and generally make Congress Park a great place to live—you know who you are and how much we depend on you—Thanks! And we thank these committed neighbors:

Carolyn VanSciver—Congress Park Historic Preservation and Education Committee 303-377-4913 cvansciver@earthlink.net

Lisa Bingham—Hospital District Redevelopment

Rachel O'Bryan—Crime Action crime@congressparkneighbors.org

Denver Botanic Gardens Liaisons Bill DeMaio; bdemaio@aol.com Glen Girard Myles Tangalin Michael Sutherland

#### Do you have a suggestion for your Board?

Send hints and help to CPNBoard@congressparkneighbors.org

Two slots are open for CPN members to represent the neighborhood on the Botanic Gardens Neighborhood Advisory Committee. Submit a letter of interest to CPNBoard@congressparkneighbors.org.

The CPNews has a need for a volunteer who can visit with CPN professionals and businesses about advertising in the neighborhood newsletter. Call Wendy at 303-355-3735 for more information.

#### **Congress Park News** is a quarterly publication of Congress Park Neighbors, Inc. A network of volunteers produces and distributes it to a circulation of more than 4,500 residents and businesses within the area

bounded by Colfax Avenue,

Sixth Avenue, York Street

and Colorado Boulevard. www.CongressPark Neighbors.org

Congress Park News P.O. Box 18571 Denver, CO 80218

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Advertising Coordinator, Layout & Design Editor: Michelle Warwick michelle.murphy@ congressparkneighbors.or 720-231-0475

Distribution: Volunteers Needed

Your articles, letters and advertisements are always welcome.

Starting in August 2013, neighborhood meetings will be held every other month (August, October, December, February, April and June), still on the third Wednesday, at 7 p.m. in National Jewish Hospital's Heitler Hall. Watch the newsletter and the email blasts for featured speakers. Don't get the email blasts? Sign up at www.congress parkneighbors.org.

This newsletter is printed on 100% recycled paper with soy-based ink by Signature Offset

#### A Great 2014 for District 10

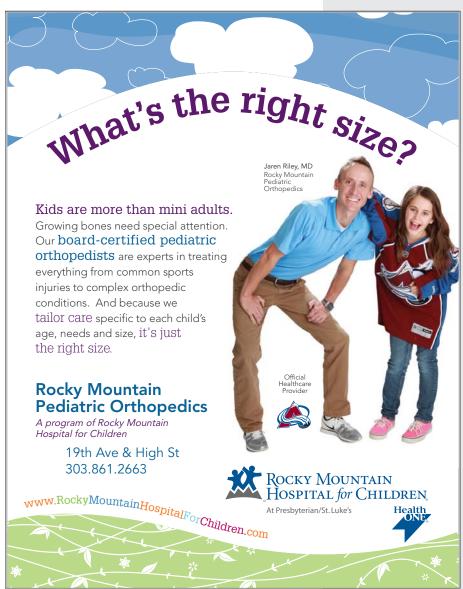
From the office of Councilwoman Jeanne Robb

The big news of the new year is that the City is moving forward with design and construction of the recreation center at Colfax and Josephine adjoining the City Park Esplanade and across the street near East High School. In 2007, Denver voters overwhelmingly supported the Better Denver Bond program including the acquisition of land for a recreation center. In October 2009, Denver Parks and Recreation purchased 2.56 acres of land formerly occupied by the Church in the City for \$6 million, and last year City Council approved buying the Sun Mart site on the corner. To fund the design and construction of the recreation center, the city will apply proceeds from the sale of Market Street Station to finance the majority of the costs, supplemented by revenue from the city's TABOR Special Revenue Fund.

In the time since the bond passed in 2007, Denver Parks and Rec has held several public and small group meetings to find out what types of amenities, citizens would like to have in the new rec center and to create a conceptual design. Preliminary plans call for the facility to consist of more than 60,000 square feet of useable space spread across two floors.

The rec center will most likely include indoor leisure and lap pools that can host competitive events, a large fitness/training area, a multi-court gymnasium, multi-purpose classrooms, a child care/toddler area and a large group exercise room in addition other amenities. We are looking at ways to include a small off-leash dog park and/or a community garden on the site as these have been popular venues. A series of public input meetings are planned in the coming months to further refine these ideas and develop a final building program and conceptual design. The rec center construction is not the only good news this year. VooDoo Donuts has opened on Colfax. Stop in and see the fun décor and yummy treats.

And by the time your newsletter comes out, we may know the development team selected to re-develop the 9th and Colorado site. Third time is a charm; in order not to miss the great market opportunity at this time, we hope all proceeds smoothly and quickly. District 10 City Councilwoman Jeanne Robb 720-337-7710 jeanne.robb@ denvergov.org



#### Teller Increases Inclusivity as a Gifted and Talented Magnet School

#### CPN Events On Web

By Rivian Bass

Once again, CPN's wondrous webmaster Maggie has outdone herself. The neighborhood website now has an events calendar. Go to www. congressparkneighbors. org and look. If you have a CPN event that needs to be added in (block party? garage sale? alley clean up?), contact the webmaster or any CPN Board member at cpnboard@ congressparkneighbors. org. And you can find a list of Congress Park merchants on our website. Thank you, Maggie!

In 2008, Teller Elementary became a gifted and talented magnet school for Denver Public Schools. The Teller parents and teachers purposefully chose an "integrated" and "inclusive" model. They cluster gifted students and integrate them in traditional, mixed ability classrooms that recognize and embrace the larger community's differences in race, religion, ethnicity, family background and composition, economics, and ability. The differences are acknowledged and commonalities are highlighted. This - paradigm serves students' varied abilities, and models the social heterogeneity of Congress Park and Denver.

Gifted students with unique traits and learning styles have struggles and challenges, capabilities and talents like their classmates. Caring teachers, the G&T specialist and neighborhood friends provide recognition and support in homeroom classes for all students and the wider range of students allows G&T students to find friends from a more diverse group.

Teller teachers are using the full range of recommended strategies for gifted students, such as:

Curriculum compacting— provides more challenging activities for students who have already mastered the skills and concepts. Tiered Assignments— all students work on the same skills and concepts but at different levels of complexity.

Flexible Groupings— short-term groupings are based on instructional goals and students' needs.

Enrichment—presents skills and concepts with greater depth and complexity.

Acceleration— presents skills and concepts earlier or at a faster pace.

Independent study— allows the student G&T specialist and teacher to agree on additional projects. Currently, individual Teller students are researching horses, dogs, mythology, inventors/inventions, and novel authorship.

Mentorships— match students with community mentors on a limited basis. Currently, students have been matched with an expert on mountaineering and a local author.

Through the integrated model at Teller, when teachers develop and share their expertise, collaborate across disciplines and grade levels, and implement "gifted" strategies, they ultimately enrich the learning of all Teller students.

For more information, contact the staff at Teller, at 720-424-3560.

#### 2013 was a great year! Here's what happened in our neighborhood: Congress Park/City Park South | Sold January - December, 2013 Between 6th & 8th

46 homes sold; DOM average 19 days Between 8th & 12th 105 homes sold; DOM average 25 days

Between 13th & 17th 179 homes sold; DOM average 105 days For up to date news on our neighborhood, 'like'

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#### 11th Tellerpalooza Moves to the Bluebird

By Lisa Aiken

Ark your calendars!!! The 11th Annual Tellerpalooza is set for Saturday, May 3, from 4 pm to midnight. This year's musical extravaganza has a new home: the Bluebird Theatre. This is an all-age event and all neighbors, not just Teller families, are invited to attend.

Some of the region's best musical talent and Teller's own budding musicians will show off their stuff. Teller volunteers are busy now recruiting bands and well-known local musicians to provide an outstanding line-up of entertainment. They are also encouraging area restaurants and food trucks bring their best to this fabulous event. As in years past, there will be lots of dancing, a bake sale, a "Wall of Wine" drawing, and t-shirts & CDs for purchase.

Tellerpalooza is open to all who enjoy music and having a great time. Please join us in support-

ing a worthy cause. Tickets are \$15 pre-sale, \$50 per 4 pack and \$20 at the door and can be purchased at the Tellerpalooza website (www.tellerpalooza. com) starting in early April. Keep checking the site to see new bands as they are added.

We appreciate Congress Park's continuing support and look forward to seeing you there.





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#### Bringing Sustainability Home, part 2 of 2

By Lisa L. Bingham

If you are not recycling, you should be. The City of Denver offers free recycling with trash service to any residential building with 7 or fewer units. The key to recycling is knowing what you can and can't put in the bin. Most plastics now can be recycled – just look for the recycle symbol on the bottom of the container: anything that has a 1–7 is ok. Some lids are not (think mayo and peanut butter lids). Take out coffee cups are not – even if they say compostable. Check the list available from the city or your waste provider.

Over 50% of an average home's water use is from outdoor uses. Make sure you are only watering as often and for as long as you need to - you may be surprised at what you can get away with. Denver Water has several useful charts on their website. Avoid watering during the day (minimize evaporation) or on windy days (avoid watering the sidewalk).

Inside, fix leaks as soon as you notice them. A slow drip (5 drips in 30 seconds) adds up to a gallon a day. Minimize how much water you use by

only running full loads of dishes and laundry. If you have a dishwasher, use it. Hand washing uses much more water than a dishwasher does.

#### **Moving On**

Once you've taken care of the basics, there are some larger issues you can tackle.

To find out where your home is creating waste, do a home energy audit and water audit. There are tools on the web to guide you through both processes, and can turn up some simple fixes to make your home more comfortable and efficient.

Brick homes build before 1970 (sound familiar, Congress Park?) were usually not insulated. A home energy audit can walk you through this, but a good rule of thumb is that you want 8 inches of insulation in your attic. This prevents your heat from escaping through the roof during the winter, and the sun baking your interior space during the summer.

If you don't already have one, install a program-

## CONGRESS PARK 2013 REVIEW

## As of January 15, there are 18 homes on the market!

#### 1 Story Homes ... 89 Listings Sold

Average Price:	\$443,513
Average Sq.Ft.:	1,491
Average Price/Sq.Ft.:	\$371
Average List to Sold Price:	98.3%
Average Days on Market:	20

2 Story Homes 65 Listings Sold		
Average Price:	\$583,631	
Average Sq.Ft.:	1,997	
Average Price/Sq.Ft.:	\$292	
Average List to Sold Price:	97.5%	
Average Days on Market:	25	



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The information contained herein is deemed to be reliable, but is not guaranteed. Based on information from METROLIST®, Inc. for the period January 1, 2013 through December 31, 2013. Note: This representation is based in whole or in part on content supplied by Metrolist®, Inc. Metrolist® Inc. does not guarantee nor is it in an way responsible for its accuracy. Content maintained by Metrolist®, Inc. may not reflect all real estate activity in the market.

Sustainability, Part 1 This article was in the

winter 2014 issue, and

can be found at www.

congressparkneighbors.org.

mable thermostat. Remember that most of your energy use goes into heating and cooling your home, and the money you save by reducing your energy use will easily pay for the installation.

Replace old appliances, heaters, and air conditioners. If they're older than 15-20 years old, they aren't operating as efficiently as they could be, and costing you money. Xcel Energy and Denver Water both have rebates for some items, and be sure to look for the EPA EnergyStar and WaterSense labels.

#### Bringing Sustainability Home, cont.

By Lisa L. Bingham

#### Wrapping Up

There are many ways we can reduce our impact on the environment – and save money on our utility bills in the process. If you want to learn more, here are some websites that may be useful:

Xcel Energy: http://responsiblebynature.com/

- · Rebates
- · Lighting deals
- · Energy audits

U.S. Department of Energy: http://energy.gov/ energysaver/energy-saver

Energy Savers Guide: http://energy.gov/ energysaver/downloads/energy-savers-guide

Information on everything from lighting to driving to renewable energy and more



#### If You Aren't at Your Last Job, Why Is Your 401(k)?

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Denver Recycling: http://www.denvergov.org/ Recycling/tabid/438304/Default.aspx Tips on what can be recycled

Set up email reminders

Find out where to take other items (batteries,

paint, etc)

Denver Water: http://www.denverwater.org/ Monthly tips on saving water Tips and instructions for easy repairs Information on rebates

Home Energy Audit Checklist: http://www.my energysolution.com/home -energy-basics/diy-audit.html Your neighborhood newsletter always needs help with delivery. Several of your neighbors deliver the newsletter to porches every quarter. It usually takes less than a half hour and you get to walk a few blocks of our beautiful neighborhood, and meet some of your neighbors. Email CPNboard@ congressparkneighbors. org to volunteer your time to help us all be better informed about issues affecting our neighborhood.



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#### Waldorf Senior Relishes Drama Experience

By Jake Smith

Jake Smith is in the 12th grade at the Denver Waldorf School. His Class is performing "You Can't Take It With You" by George S. Kaufman and Moss Hart at The Bug Theater, 3654 Navajo, on Thursday March 6 and Saturday March 8 at 7 p.m. For more information, call 303-777-0531. A fter 11 years of class plays at the Denver Waldorf School, I am at the pinnacle of my acting career there and eagerly rehearsing for my final production.

The drama program is a vital part of the Waldorf curriculum. Each year, every class performs a play. In the early grades, our plays were recited as a class in unison and always related directly to our studies. For example, in third grade we studied the Old Testament and performed the story of Moses.

Each year, the plays are more advanced. Students progress from speaking in unison to sharing parts with other students. By middle school each student has an individual part.

Diverse middle school productions range from Shakespeare to Broadway musicals. In eighth grade, our class performed "Fiddler on the Roof," by Jerry Bock. I played the role of Motel the tailor, husband of Tevye's eldest daughter. This play really bonded our class and showed me that no matter how good my individual performance was, it took the whole class to put on a quality show. In high school, an even tighter class with more acting ability has enhanced my theater experience. As sophomores, we put on the comedy "Servant of Two Masters," by Carlo Goldini. I enjoyed developing better comedic timing, and after the show, a friend said it was so funny, it made him cry.

Our junior play, Sophocles' tragedy "Antigone," provided the test of a more serious role. It was much more difficult to transport myself into the role of a messenger who delivers the news to a father that his son has died. However, playing this sad part made me a better actor.

This year, I am excited to go back to comedy. Our senior class will be performing "You Can't Take It With You," by George S. Kaufman and Moss Hart at The Bug Theater, 3654 Navajo, on March 6 and 8 at 7 p.m. I play the part of Grandpa, an eccentric but happy old man. It will be difficult to embody an old man, but I am excited to meet the challenge.



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#### Spring 2014 :: Congress Park News

#### 2014 Legislative Session Spotlights Economy, Education and Flood Recovery

By Rep Beth McCann

The 2014 legislative session began on Jan. 8 and Democrats are focusing on the economy, education, and recovery from last year's massive floods and wildfires. We are committed to continue creating more jobs for Colorado residents. Following the defeat of Amendment 66, we are examining other ways to improve our education system. Since Colorado's revenue situation fortunately continues to improve, we may be able to reverse some of the recent years' extensive education cuts. A bipartisan task force has been assessing the devastating floods this fall, and members have proposed several bills to help those who suffered catastrophic losses.

I will resist efforts to repeal the bill requiring more use of renewable energy by rural electric co-ops, or any of the gun safety laws passed last year.

Here is a brief outline of several bills I am working on:

-Involuntary mental health commitments. The proposed bill will help to make the involuntary commitment process more understandable and will provide a definition of "danger to self or others."

-Align human trafficking laws with Uniform Commission on State Laws recommendations. Human Trafficking Awareness Day, Feb. 20 at the Capitol, will be an opportunity to educate legislators about this human tragedy.

-Reduce prescription drug overdose. Colorado is second in the nation in prescription drug misuse.

My bills would strengthen our Prescription Drug Monitoring Program, reauthorize the Department of Human Services to oversee drug abuse programs and expand abuse program access to prescription drug monitoring information.

-Clarify foreclosure practices. Two bills would require a single point of contact for a borrower, prohibit dual tracking and clarify when a public trustee must return funds to a borrower.

-Tax credits for renewable energy: Bill would make it easier for the renewable energy industry to access tax credits and reinvest tax savings in Colorado.

-My bill requiring health insurance compa-

nies to provide similar coverage for pediatric dentistry both inside and outside of our health benefit exchange has already passed out of committee and will soon pass on the House floor.

-I am sponsoring a bill to raise the tobacco smoking age from 18 to 21.

I will be the House sponsor for some bills that are starting in the Senate, including one to allow firefighters to administer basic care to an animal in an emergency, and a bill to allow hospital compounding of drugs to address drug shortages. Another bill will allow birth parents access to adoption documents.

I will continue as Majority Whip, the Chair of the House Health, Insurance, and Environment Committee, and will serve this year as the chair of the oversight committee for the Colorado Health Insurance Exchange which is now running fairly smoothly. Over 50,000 people have signed up for private heath insurance through the exchange and another 80,000 or so have signed up for Medicaid, and registrations continue. Having more people insured will increase access to preventive and quality health care for many more Colorado residents.

As always, please contact me with any thoughts or suggestions about state matters. My door is always open at the Capitol, Room 317. Hope to see you soon! Rep. Beth McCann beth@bethmccann.org 303-866-2959

What interesting things are your neighbors up to? Tell us at cpnnewsletter@ congressparkneighbors.org.



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#### **Community Forester Workshops**

By Chad Reischl

The spring 2013 Community Forester workshop schedule is available.

The Community Forester program will give you the knowledge and skills to lead and participate in tree planting and care projects in your neighborhood as well as for The Park People (home of *Denver Digs Trees*), Denver's Forestry Division, and the Mile High Million tree planting initiative. Workshops include *Trees 101*, *Planting & Health*, *Pruning, Identification & Inventory, Volunteer Leadership & Management*. This is a great opportunity to support our environment, urban greening, community health, and quality of life in Denver.

Space is limited, so call The Park People at 303-722-6262 to register now! For more details, visit http://www.theparkpeople.org/Programs/ CommunityForester.aspx.



# PLEASE JOIN US FOR A PUBLIC MEETING

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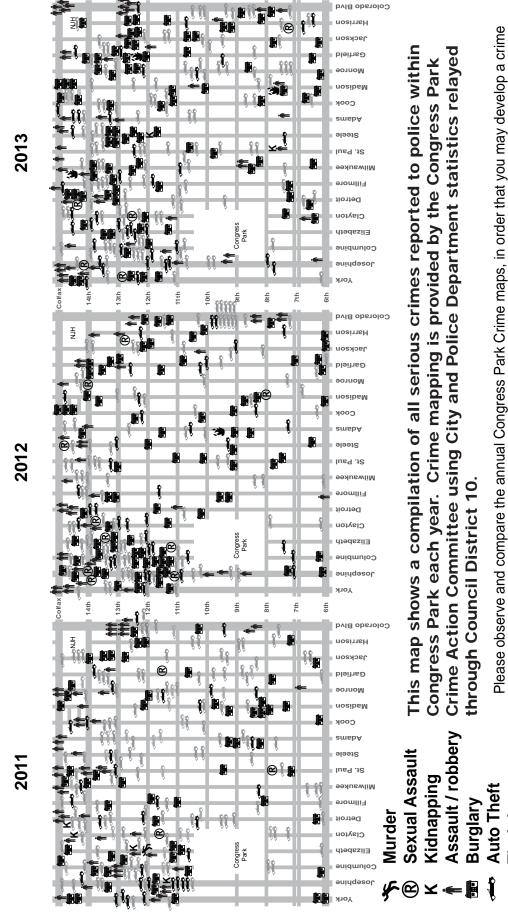
Get an update on the design and construction timeline as we move forward with the planning process of the long-awaited Central Denver Recreation Center!

Wednesday, March 5, 2014 , 6:30 p.m. East High School Cafeteria, 1600 City Park Esplanade



FOR MORE INFORMATION, CONTACT JEFF GREEN AT 720.913.0633 | DENVERGOV.ORG/PARKSANDRECREATION

## Spring 2014 :: Congress Park News



**CONGRESS PARK NEIGHBORHOOD CRIMES** 

prevention strategy on your block.

Theft from auto

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Arson

3

## Fourth Annual Women+Film VOICES Film Festival Celebrates Women's Achievements

By Tammy Richards Brislin and Sienna Pinney

Sponsorships Available to Help Celebrate Women's Stories

The 4th Annual Women+Film VOICES Film Festival blossoms with creativity March 18 – 23 at the Denver Film Society in the Lowenstein CulturePlex. For six days, the best in documentaries, feature presentations and short films exploring women's issues will fill the screens of the SIE film Center, Denver's only yearround cinematheque, at 2510 E. Colfax.





VOICES Film Festival was inspired by International Women's Day, celebrated every March. The Festival will include 17-21 film screenings, Opening and Closing Day receptions, a Red Carpet Event, three Salons, a mobile film fest, where the public submits their own 2-minute movie based on the tag line "Use Your Voice for Change," and more. The annual mélange of activities highlight thought-provoking, inspirational stories of women from around the world. More than 2,500 attendees are expected to participate in the Festival.

Sponsorship and community partnership opportunities are available. You can connect with like-minded individuals who are passionate about film and its ability to entertain, inform and educate.

Tickets to the various movies and events will mainly range from 12 - 35. For more information, visit www.denverfilm.org, or contact Tammy Brislin, tammy@denverfilm.org



Library of Congress

#### Zonta Sponsors Film Screening to Highlight Advocacy For At-Risk Women

By Katie Boysen

A t its sixth annual "Day of Film," and as part of the Denver Film Society's fourth Women+Film VOICES Film Festival, the Zonta Club of Denver (ZCD) will sponsor a screening of the acclaimed movie "Honor Diaries" to raise funds for Metro-area at-risk women's advocacy groups. The screening at 10 a.m. on Saturday, March 22 continues ZCD's partnership with DFS to showcase women's economic, political, and social challenges and achievements. ZCD is honored to have been an inspiration for and continuing sponsor of the Women+Film VOICES Film Festival.

The Saturday screening is a Zonta Club of Denver Foundation fundraiser. The \$40 ticket will include the movie, a facilitated panel discussion with the film's director/producers, brunch and parking. Proceeds will finance projects of ZCD and of Zonta International, benefiting women in the Denver area and around the world.

Honor Diaries features a cast of women's rights activists, including New York Times Bestselling

author Ayaan Hirsi Ali. "In male-dominated cultures, women and girls are treated like property, forced into marriage, and suffer female genital mutilation," said Ayaan Hirsi Ali. "In Honor Diaries, I am proud to join these courageous women to speak the truth; that culture is no excuse for abuse."

Honor Diaries profiles nine courageous women's rights advocates who have witnessed firsthand the hardships women endure, and work for change,

> Outstanding Agents. Outstanding Results

both in their communities and beyond. The film exposes the paralyzing political correctness that prevents many from identifying, understanding and addressing this international human rights disaster: violence against women carried out under the pretense of cultural and religious practices.

"More than a movie," said Paula Kweskin, Honor Diaries producer and international human rights lawyer, "Honor Diaries is a movement to save women and girls around the world, and here in America, from human rights abuses."

For more information about Zonta Club of Denver, or tickets to the special screening, visit www. zonta-denver.org. In 2011 the Zonta Club of Denver was recognized as the "Outstanding Service Organization" by National Philanthropy Day Colorado. ZCD was chartered in 1927 and, as a chapter of ZI, is united with more than 30,000 executives in business and the professions in over 1,200 clubs in 63 countries to improve the quality of life for marginalized women and children worldwide. Since its inception, ZCD has donated over \$2,500,000 and its members have given thousands of volunteer service hours to community projects aimed at improving at-risk women's opportunities. www.zonta-denver.org



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#### Social Security and Medicare Changes for 2014

By Eileen Doherty, MS

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reached at 303-333-3482, doherty001@att.net, or through www. senioranswers.org. Congress has announced an increase of 1.5% in Social Security for 2014, meaning starting January 1, 2014, all Social Security and Supplemental Security beneficiaries received an increased monthly benefit.

The maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to \$117,000 from \$113,700.

The earnings limit for workers who are younger than "full" retirement age (age 66 for people born in 1943 through 1954) will be \$15,480. Social Security will deduct \$1 for benefits for each \$2 earned over \$15,480.

The earnings limit for people turning 66 in 2014 will be \$41,400. Social Security will deduct \$1 from benefits for each \$3 earned over \$41,400 un-

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til the month the worker turns age 66. There is no limit on earnings for workers who are "full" retirement age or older for the entire year.



There are also changes

to costs, deductibles and benefits through Medicare for health care, skilled rehabilitation, home health care and hospice care.

Congress is currently working on "the doc fix," to correct the long delays to physicians' payments. For more information on Social Security or Medicare, call 303-333-3482.

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