Residential Permit Parking Program Modified Near Colorado Boulevard

Last fall, reportedly in response to several resident inquiries and changing neighborhood conditions, the Parking Operations Section (POS) of Denver Public Works Traffic Engineering Services conducted a review of the parking restrictions on several blocks near the former University Hospital location.

POS evaluated the need for the Residential Parking Permit restrictions on a selection of blocks from Sixth to Eleventh Avenues and from Madison Street west to Steele Street. Generally speaking, the closer to Colorado Boulevard, the more likely the two-hour RPPs would stay in place, the farther west, the more likely the restrictions would be removed.

About 550 residents of the affected are received letters informing them of the proposed changes and requesting feedback to the POS. District 10 Councilwoman Jeanne Robb notified Congress Park Neighbors, Inc. (CPN), the cognizant Registered Neighborhood Organization (RNO), that the letters had been sent.

As this process rolled out, many neighbors contacted CPN, as well as Councilwoman Jeanne Robb and Parking Operations to give their feedback. This was done via phone calls and email and through a short survey developed, issued and tallied by CPN volunteers, and shared with the City.

Because of neighbor input, Parking Operations revised its decision concerning some of the impacted blocks. This decision provided relief for some blocks and protection for others. Residents of some blocks felt the restrictions were no longer needed, since they are no longer impacted by University Hospital traffic. Other blocks’ residents wanted the restricted parking to remain in place as they continue to be affected by new construction.

Congratulations to all of you who were willing to participate in the decision making process. If you want to get involved in this kind of grassroots neighborhood management and city-county liaison activity, please contact a Board member at cpnboard@congressparkneighbors.org to volunteer for a committee.

Congress Park’s Vision
(1995 Neighborhood Plan)

Congress Park is a traditional city neighborhood with a small-town atmosphere. Here, people of diverse cultures, ages, colors and economic backgrounds share a sense of community, value older homes and mature trees, and enjoy the convenience of city living amid the stability of a thriving neighborhood.
Volunteer Opportunity: Newsletter Coordinator Needed by March 20

You love the vibrancy of the Congress Park neighborhood. You have lived here a long time or you just moved in and want to get involved. You have good organizational skills and can spare a couple days every few months to gather articles for the newsletter. Congress Park is looking for a neighbor who can be our Volunteer Newsletter Coordinator. This could be a great relationship. You’ll work with an existing volunteer editorial and layout team to manage the production of the 30-plus year-old vibrant quarterly neighborhood newsletter. The newsletter informs Congress Park neighbors about neighborhood-related issues and works with the volunteer neighborhood Board in the best interest of the neighborhood to further the neighborhood vision.

Just want to dip your toe in neighborhood issues? Email cpnboard@congressparkneighbors.org to find out about the next meeting or volunteer for a committee.

Your Congress Park Neighbors 2014 Volunteer Board of Directors

Tom Conis—President
tom.conis@congressparkneighbors.org

Myles Tangalin—Treasurer
treasurer@congressparkneighbors.org

Maggie Price—Website
1465 Fillmore; 303-333-5478
maggie.price@congressparkneighbors.org

Wendy Moraskie—Newsletter
1475 Milwaukee St.; 303-355-3735
wendyrich@msn.com

And we thank these committed neighbors:

Carolyn VanSciver—Congress Park Historic Preservation and Education Committee
303-377-4913
cvansciver@earthlink.net

Lisa Bingham—Hospital District Redevelopment

Rachel O’Bryan—Crime Action
crime@congressparkneighbors.org

Denver Botanic Gardens Liaisons
Bill DeMaio; bdemajo@aol.com
Glen Girard
Myles Tangalin
Michael Sutherland

Do you have a suggestion for your Board?

Send hints and help to CPNBoard@congressparkneighbors.org

Two slots are open for CPN members to represent the neighborhood on the Botanic Gardens Neighborhood Advisory Committee. Submit a letter of interest to CPNBoard@congressparkneighbors.org.

The CPNews has a need for a volunteer who can visit with CPN professionals and businesses about advertising in the neighborhood newsletter. Call Wendy at 303-355-3735 for more information.
A Great 2014 for District 10
From the office of Councilwoman Jeanne Robb

The big news of the new year is that the City is moving forward with design and construction of the recreation center at Colfax and Josephine adjoining the City Park Esplanade and across the street near East High School. In 2007, Denver voters overwhelmingly supported the Better Denver Bond program including the acquisition of land for a recreation center. In October 2009, Denver Parks and Recreation purchased 2.56 acres of land formerly occupied by the Church in the City for $6 million, and last year City Council approved buying the Sun Mart site on the corner. To fund the design and construction of the recreation center, the city will apply proceeds from the sale of Market Street Station to finance the majority of the costs, supplemented by revenue from the city’s TABOR Special Revenue Fund.

In the time since the bond passed in 2007, Denver Parks and Rec has held several public and small group meetings to find out what types of amenities, citizens would like to have in the new rec center and to create a conceptual design. Preliminary plans call for the facility to consist of more than 60,000 square feet of useable space spread across two floors.

The rec center will most likely include indoor leisure and lap pools that can host competitive events, a large fitness/training area, a multi-court gymnasium, multi-purpose classrooms, a child care/toddler area and a large group exercise room in addition other amenities. We are looking at ways to include a small off-leash dog park and/or a community garden on the site as these have been popular venues. A series of public input meetings are planned in the coming months to further refine these ideas and develop a final building program and conceptual design.

The rec center construction is not the only good news this year. VooDoo Donuts has opened on Colfax. Stop in and see the fun décor and yummy treats.

And by the time your newsletter comes out, we may know the development team selected to re-develop the 9th and Colorado site. Third time is a charm; in order not to miss the great market opportunity at this time, we hope all proceeds smoothly and quickly.
**Tiered Assignments**— all students work on the same skills and concepts but at different levels of complexity.

**Flexible Groupings**— short-term groupings are based on instructional goals and students’ needs.

**Enrichment**— presents skills and concepts with greater depth and complexity.

**Acceleration**— presents skills and concepts earlier or at a faster pace.

**Independent study**— allows the student G&T specialist and teacher to agree on additional projects.

Currently, individual Teller students are researching horses, dogs, mythology, inventors/inventions, and novel authorship.

**Mentorships**— match students with community mentors on a limited basis. Currently, students have been matched with an expert on mountain-eering and a local author.

Teller teachers are using the full range of recommended strategies for gifted students, such as:

Curriculum compacting— provides more challenging activities for students who have already mastered the skills and concepts.

Through the integrated model at Teller, when teachers develop and share their expertise, collaborate across disciplines and grade levels, and implement “gifted” strategies, they ultimately enrich the learning of all Teller students.

For more information, contact the staff at Teller, at 720-424-3560.
11th Tellerpalooza Moves to the Bluebird

By Lisa Aiken

Mark your calendars!!! The 11th Annual Tellerpalooza is set for Saturday, May 3, from 4 pm to midnight. This year’s musical extravaganza has a new home: the Bluebird Theatre. This is an all-age event and all neighbors, not just Teller families, are invited to attend.

Some of the region’s best musical talent and Teller’s own budding musicians will show off their stuff. Teller volunteers are busy now recruiting bands and well-known local musicians to provide an outstanding line-up of entertainment. They are also encouraging area restaurants and food trucks bring their best to this fabulous event. As in years past, there will be lots of dancing, a bake sale, a “Wall of Wine” drawing, and t-shirts & CDs for purchase.

Tellerpalooza is open to all who enjoy music and having a great time. Please join us in supporting a worthy cause. Tickets are $15 pre-sale, $50 per 4 pack and $20 at the door and can be purchased at the Tellerpalooza website (www.tellerpalooza.com) starting in early April. Keep checking the site to see new bands as they are added.

We appreciate Congress Park’s continuing support and look forward to seeing you there.
Bringing Sustainability Home, part 2 of 2

By Lisa L. Bingham

If you are not recycling, you should be. The City of Denver offers free recycling with trash service to any residential building with 7 or fewer units. The key to recycling is knowing what you can and can’t put in the bin. Most plastics now can be recycled – just look for the recycle symbol on the bottom of the container: anything that has a 1–7 is ok. Some lids are not (think mayo and peanut butter lids). Take out coffee cups are not – even if they say compostable. Check the list available from the city or your waste provider.

Over 50% of an average home’s water use is from outdoor uses. Make sure you are only watering as often and for as long as you need to – you may be surprised at what you can get away with. Denver Water has several useful charts on their website. Avoid watering during the day (minimize evaporation) or on windy days (avoid watering the sidewalk).

Inside, fix leaks as soon as you notice them. A slow drip (5 drips in 30 seconds) adds up to a gallon a day. Minimize how much water you use by only running full loads of dishes and laundry. If you have a dishwasher, use it. Hand washing uses much more water than a dishwasher does.

Moving On

Once you’ve taken care of the basics, there are some larger issues you can tackle.

To find out where your home is creating waste, do a home energy audit and water audit. There are tools on the web to guide you through both processes, and can turn up some simple fixes to make your home more comfortable and efficient.

Brick homes build before 1970 (sound familiar, Congress Park?) were usually not insulated. A home energy audit can walk you through this, but a good rule of thumb is that you want 8 inches of insulation in your attic. This prevents your heat from escaping through the roof during the winter, and the sun baking your interior space during the summer.

If you don’t already have one, install a programmable thermostat. Remember that most of your energy use goes into heating and cooling your home, and the money you save by reducing your energy use will easily pay for the installation.

Replace old appliances, heaters, and air conditioners. If they’re older than 15-20 years old, they aren’t operating as efficiently as they could be, and costing you money. Xcel Energy and Denver Water both have rebates for some items, and be sure to look for the EPA EnergyStar and WaterSense labels.
Bringing Sustainability Home, cont.

By Lisa L. Bingham

Wrapping Up

There are many ways we can reduce our impact on the environment – and save money on our utility bills in the process. If you want to learn more, here are some websites that may be useful:

Xcel Energy: http://responsiblebynature.com/
  · Rebates
  · Lighting deals
  · Energy audits

  Information on everything from lighting to driving to renewable energy and more

  Tips on what can be recycled
  Set up email reminders
  Find out where to take other items (batteries, paint, etc)

Denver Water: http://www.denverwater.org/
  Monthly tips on saving water
  Tips and instructions for easy repairs
  Information on rebates


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Your neighborhood newsletter always needs help with delivery.
Several of your neighbors deliver the newsletter to porches every quarter. It usually takes less than a half hour and you get to walk a few blocks of our beautiful neighborhood, and meet some of your neighbors. Email CPNboard@congressparkneighbors.org to volunteer your time to help us all be better informed about issues affecting our neighborhood.

Join us this spring & summer for the Congress Park Speaker Series.

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Waldorf Senior Relishes Drama Experience

By Jake Smith

After 11 years of class plays at the Denver Waldorf School, I am at the pinnacle of my acting career there and eagerly rehearsing for my final production.

The drama program is a vital part of the Waldorf curriculum. Each year, every class performs a play. In the early grades, our plays were recited as a class in unison and always related directly to our studies. For example, in third grade we studied the Old Testament and performed the story of Moses.

Each year, the plays are more advanced. Students progress from speaking in unison to sharing parts with other students. By middle school each student has an individual part.

Diverse middle school productions range from Shakespeare to Broadway musicals. In eighth grade, our class performed “Fiddler on the Roof,” by Jerry Bock. I played the role of Motel the tailor, husband of Tevye’s eldest daughter. This play really bonded our class and showed me that no matter how good my individual performance was, it took the whole class to put on a quality show.

In high school, an even tighter class with more acting ability has enhanced my theater experience. As sophomores, we put on the comedy “Servant of Two Masters,” by Carlo Goldini. I enjoyed developing better comedic timing, and after the show, a friend said it was so funny, it made him cry.

Our junior play, Sophocles’ tragedy “Antigone,” provided the test of a more serious role. It was much more difficult to transport myself into the role of a messenger who delivers the news to a father that his son has died. However, playing this sad part made me a better actor.

This year, I am excited to go back to comedy. Our senior class will be performing “You Can’t Take It With You,” by George S. Kaufman and Moss Hart at The Bug Theater, 3654 Navajo, on March 6 and March 8 at 7 p.m. I play the part of Grandpa, an eccentric but happy old man. It will be difficult to embody an old man, but I am excited to meet the challenge.

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The 2014 legislative session began on Jan. 8 and Democrats are focusing on the economy, education, and recovery from last year’s massive floods and wildfires. We are committed to continue creating more jobs for Colorado residents. Following the defeat of Amendment 66, we are examining other ways to improve our education system. Since Colorado’s revenue situation fortunately continues to improve, we may be able to reverse some of the recent years’ extensive education cuts. A bipartisan task force has been assessing the devastating floods this fall, and members have proposed several bills to help those who suffered catastrophic losses.

I will resist efforts to repeal the bill requiring more use of renewable energy by rural electric co-ops, or any of the gun safety laws passed last year.

Here is a brief outline of several bills I am working on:

- Involuntary mental health commitments. The proposed bill will help to make the involuntary commitment process more understandable and will provide a definition of “danger to self or others.”

- Align human trafficking laws with Uniform Commission on State Laws recommendations. Human Trafficking Awareness Day, Feb. 20 at the Capitol, will be an opportunity to educate legislators about this human tragedy.

- Reduce prescription drug overdose. Colorado is second in the nation in prescription drug misuse. My bills would strengthen our Prescription Drug Monitoring Program, reauthorize the Department of Human Services to oversee drug abuse programs and expand abuse program access to prescription drug monitoring information.

- Clarify foreclosure practices. Two bills would require a single point of contact for a borrower, prohibit dual tracking and clarify when a public trustee must return funds to a borrower.

- Tax credits for renewable energy: Bill would make it easier for the renewable energy industry to access tax credits and reinvest tax savings in Colorado.

- My bill requiring health insurance companies to provide similar coverage for pediatric dentistry both inside and outside of our health benefit exchange has already passed out of committee and will soon pass on the House floor.

- I am sponsoring a bill to raise the tobacco smoking age from 18 to 21.

I will be the House sponsor for some bills that are starting in the Senate, including one to allow firefighters to administer basic care to an animal in an emergency, and a bill to allow hospital compounding of drugs to address drug shortages. Another bill will allow birth parents access to adoption documents.

I will continue as Majority Whip, the Chair of the House Health, Insurance, and Environment Committee, and will serve this year as the chair of the oversight committee for the Colorado Health Insurance Exchange which is now running fairly smoothly. Over 50,000 people have signed up for private health insurance through the exchange and another 80,000 or so have signed up for Medicaid, and registrations continue. Having more people insured will increase access to preventive and quality health care for many more Colorado residents.

As always, please contact me with any thoughts or suggestions about state matters. My door is always open at the Capitol, Room 317. Hope to see you soon!

Rep. Beth McCann
beth@bethmccann.org
303-866-2959

What interesting things are your neighbors up to? Tell us at cpnnewsletter@congressparkneighbors.org.
Community Forester Workshops

By Chad Reischl

The spring 2013 Community Forester workshop schedule is available.

The Community Forester program will give you the knowledge and skills to lead and participate in tree planting and care projects in your neighborhood as well as for The Park People (home of Denver Digs Trees), Denver’s Forestry Division, and the Mile High Million tree planting initiative.

Workshops include Trees 101, Planting & Health, Pruning, Identification & Inventory, Volunteer Leadership & Management. This is a great opportunity to support our environment, urban greening, community health, and quality of life in Denver.

Space is limited, so call The Park People at 303-722-6262 to register now! For more details, visit http://www.theparkpeople.org/Programs/CommunityForester.aspx.
This map shows a compilation of all serious crimes reported to police within Congress Park each year. Crime mapping is provided by the Congress Park Crime Action Committee using City and Police Department statistics relayed through Council District 10.

Please observe and compare the annual Congress Park Crime maps, in order that you may develop a crime prevention strategy on your block.
VOICES Film Festival was inspired by International Women’s Day, celebrated every March. The Festival will include 17-21 film screenings, Opening and Closing Day receptions, a Red Carpet Event, three Salons, a mobile film fest, where the public submits their own 2-minute movie based on the tag line “Use Your Voice for Change,” and more. The annual mélange of activities highlight thought-provoking, inspirational stories of women from around the world. More than 2,500 attendees are expected to participate in the Festival.

Sponsorship and community partnership opportunities are available. You can connect with like-minded individuals who are passionate about film and its ability to entertain, inform and educate.

Tickets to the various movies and events will mainly range from $12 – 35. For more information, visit www.denverfilm.org, or contact Tammy Brislin, tammy@denverfilm.org
At its sixth annual “Day of Film,” and as part of the Denver Film Society’s fourth Women+Film VOICES Film Festival, the Zonta Club of Denver (ZCD) will sponsor a screening of the acclaimed movie “Honor Diaries” to raise funds for Metro-area at-risk women’s advocacy groups. The screening at 10 a.m. on Saturday, March 22 continues ZCD’s partnership with DFS to showcase women’s economic, political, and social challenges and achievements. ZCD is honored to have been an inspiration for and continuing sponsor of the Women+Film VOICES Film Festival.

The Saturday screening is a Zonta Club of Denver Foundation fundraiser. The $40 ticket will include the movie, a facilitated panel discussion with the film’s director/producers, brunch and parking. Proceeds will finance projects of ZCD and of Zonta International, benefiting women in the Denver area and around the world.

Honor Diaries features a cast of women’s rights activists, including New York Times Bestselling author Ayaan Hirsi Ali. “In male-dominated cultures, women and girls are treated like property, forced into marriage, and suffer female genital mutilation,” said Ayaan Hirsi Ali. “In Honor Diaries, I am proud to join these courageous women to speak the truth; that culture is no excuse for abuse.”

Honor Diaries profiles nine courageous women’s rights advocates who have witnessed firsthand the hardships women endure, and work for change, both in their communities and beyond. The film exposes the paralyzing political correctness that prevents many from identifying, understanding and addressing this international human rights disaster: violence against women carried out under the pretense of cultural and religious practices.

“More than a movie,” said Paula Kweskin, Honor Diaries producer and international human rights lawyer, “Honor Diaries is a movement to save women and girls around the world, and here in America, from human rights abuses.”

For more information about Zonta Club of Denver, or tickets to the special screening, visit www.zonta-denver.org.
Congress has announced an increase of 1.5% in Social Security for 2014, meaning starting January 1, 2014, all Social Security and Supplemental Security beneficiaries received an increased monthly benefit.

The maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to $117,000 from $113,700.

The earnings limit for workers who are younger than “full” retirement age (age 66 for people born in 1943 through 1954) will be $15,480. Social Security will deduct $1 for benefits for each $2 earned over $15,480.

The earnings limit for people turning 66 in 2014 will be $41,400. Social Security will deduct $1 from benefits for each $3 earned over $41,400 until the month the worker turns age 66. There is no limit on earnings for workers who are “full” retirement age or older for the entire year.

There are also changes to costs, deductibles and benefits through Medicare for health care, skilled rehabilitation, home health care and hospice care.

Congress is currently working on “the doc fix,” to correct the long delays to physicians’ payments. For more information on Social Security or Medicare, call 303-333-3482.

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**February** is African American History Month, Children's Health, Cherry, and Potato Month.

**March** is American Red Cross Month, Nutrition, and Women's History Month.

**April** is Cancer Control, Autism Awareness, Child Abuse Prevention, and Jazz Appreciation Month

Neighbor John Van Sciver noted this Bald Eagle visiting City Park on Feb. 2.
Congress Park Neighbors Membership Form

Your neighborhood needs you! Join your neighbors today.

Name:

e-mail:
address:
phone:

The above information will only be used for contacting you about Congress Park Neighborhood issues.

___Member Name: $20
   If household membership, other persons name:

___Patron (receive 2 passes to the SIE Film Center!): $30

___Business or organization: $40
(Circle amount enclosed)

Make check payable to:
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P.O. Box 18571
Denver, CO 80218

___Other

Congress Park Neighbors, Inc. is a non-profit organization with an elected, volunteer Board of Directors.
Your tax-deductible annual dues support the newsletter, website (www.CongressParkNeighbors.org), mailings and fliers about hot issues, events like the ice cream social and ongoing activities to benefit the neighborhood.

“I never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has.”

- Margaret Mead