

Congress Park

News

Winter 2018

www.CongressParkNeighbors.org

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Carla Madison Rec Center to Open Mid-December

By Peggy Goetz

We've been watching the construction, detouring around the safety fencing and breathlessly anticipating the grand opening of the Carla Madison Rec Center for MONTHS! And now, it's almost here!

Matt Draper, the Center's supervisor, said the anticipated opening date is mid-December. He reminds us that the 70,000 square-foot community hub center is LEED gold-certified and includes an eight-lane lap pool, leisure pool, gymnasium, fitness areas, kid watch center, dog park and other outdoor amenities.

Keep your antenna up for an announcement of the opening date and stay tuned for a grand opening celebration. And—psst—check in with the Parks and Rec website for a major discount on Parks and Rec memberships on Cyber-Monday...



Congress Park's Vision (1995 Neighborhood Plan)

Congress Park is a traditional city neighborhood with a small-town atmosphere. Here, people of diverse cultures, ages, colors and economic backgrounds share a sense of community, value older homes and mature trees, and enjoy the convenience of city living amid the stability of a thriving neighborhood.

Congress Park News is a quarterly publication of Congress Park Neighbors, Inc. A network of volunteers produces and distributes it to a circulation of more than 4,500 residents and businesses within the area bounded by Colfax Avenue, Sixth Avenue, York Street and Colorado Boulevard.

www.CongressParkNeighbors.org

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Volunteers Needed

Your articles, letters and advertisements are always welcome.

Neighborhood meetings are held every other month (February, April, June, August, October, December), on the third Wednesday, at 7 p.m. at REACH Charter School 940 Fillmore. Watch for the newsletter and the email blasts for featured speakers.

Don't get the email blasts? Sign up at www.congressparkneighbors.org.

This newsletter is printed on 100% recycled paper with soy-based ink by Signature Offset

Your CPN Board and Active Members Are Involved On Your Behalf

Congress Park Neighbors, Inc. comprises five Board members who, along with a handful of passionate neighborhood volunteers, participate in the following activities to make our voices heard on CPN's behalf.

Amazing, yes? How can you help? Call or email any Board member and tell them how you want to be involved in promoting and preserving our precious Congress Park Neighborhood and making sure it flourishes into the next century.

RNO maintenance

Routine maintenance of CPN, Inc., as an RNO with the city; Organize and Facilitate bi-monthly CPN, Inc., meetings, including agenda and speakers; Record and publish meeting notes; Organize and facilitate the annual membership meeting and Ice Cream Social; Safeguard CPN, Inc. funds, including membership dues and newsletter revenues; Promote, monitor and process CPN Memberships; Create, develop and maintain the CPN, Inc. website; Solicit, gather, edit and publish the quarterly newsletter, including a detailed crime

map; Write and send out CP information via email blasts, Facebook and Twitter; Enlist and maintain newsletter delivery volunteers

Committees and meetings:

CPN Green Team; CPN Crime Action; Teller Back Pack Program; Denver Botanic Gardens Board, Neighborhood Advisory and Art committees; Capitol Hill United Neighbors; CHUN Historic Preservation; City Park Friends and Neighbors; Colfax Connects (Bus Rapid Transit); Colorado Boulevard Healthcare District Board and Traffic, Pedestrian, and Bicycle committees; Denver 5280 LOOP; DenveRight (Parks & Rec); Denver Regional Council of Governments Citizen Advisory committee, Vision 2040; several Inter-Neighborhood Cooperation (INC) committees; City Transportation, Zoning & Planning, Citizens' Planning Academy, and Marijuana Citizens Academy; Mayor's Pedestrian Advisory committee; Neighborhood Planning Initiative, East Central; Performing Arts Redevelopment; Urban Land Institute; Upper Montclair Stormwater Meetings; Vision Zero Technical Advisory committee

Your Congress Park Neighbors 2018 Volunteer Board of Directors

Tom Conis—President
tom.conis@congressparkneighbors.org

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treasurer@congressparkneighbors.org

Maggie Price—Website
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1475 Milwaukee St.; 303-355-3735
wendyrich@msn.com

Victoria Eppler—At-Large
1254 Clayton St.; 303-912-7988
victoriaeppler@comcast.net

Your elected, all-volunteer Congress Park Board invites you to attend the open meetings at REACH Charter School at 940 Fillmore on the third Wednesday every other month (Feb., Apr., June, Aug., Oct., Dec.) at 7 p.m.

Lots of other neighbors help with communications, membership, and more, and generally make Congress Park a great place to live—you know who you are and how much we depend on you—Thanks!

And we thank these committed neighbors:

Joan Gregerson, Liz Goehring and Becky Coughlin—Congress Park Green Team coordinators

Steve Eppler—Crime Action
crime@congressparkneighbors.org

Your Name here—Congress Park Historic Preservation

Your Name here—Hospital District Redevelopment

Denver Botanic Gardens Liaisons

Bill DeMaio; bdemaio@aol.com
Myles Tangalin
Victoria Eppler

Do you have a suggestion for your Board?

Send hints and help to
CPNBoard@congressparkneighbors.org

Visit CPN businesses, make new friends and support your neighborhood newsletter. Volunteer CPNews advertising accounts rep needed now! Call Wendy, 303-355-3735, for info.

New Black Trash Carts: Cleaner, Greener, Safer

City says: Set them out the night before; take them back to your property within a day of collection.

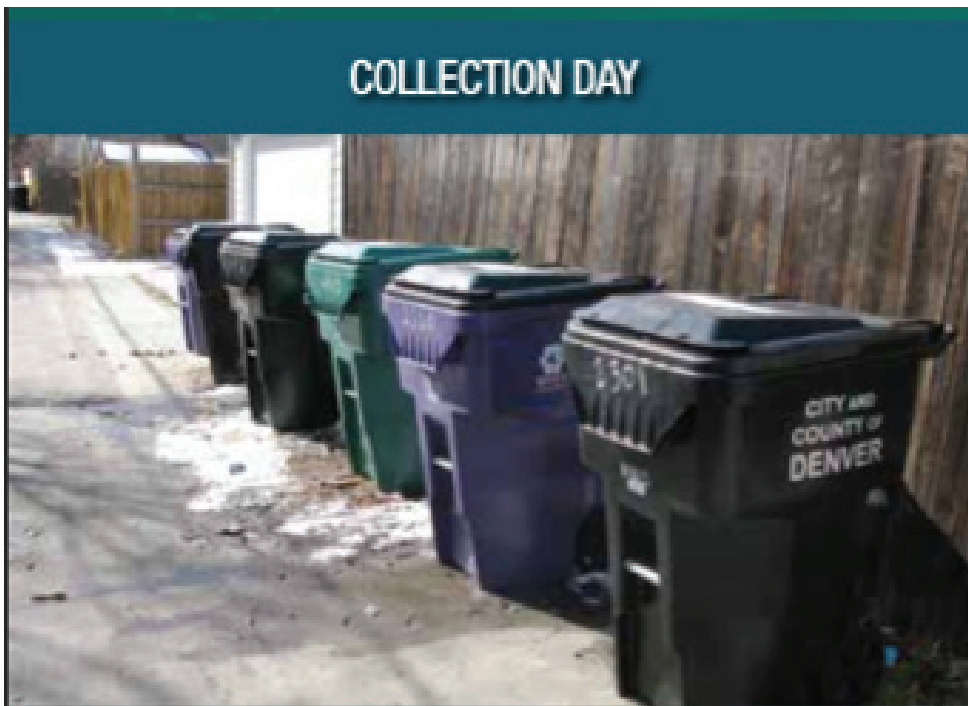
From Denver Solid Waste Management

We've received our new black trash carts and transitioned from dumpster use in most of the neighborhood. Denver Public Works says the new black trash carts make collection more efficient in service, equipment and fuel use; decrease litter and rodents; increase recycling; and make alleys cleaner and safer.

Residents are asked to take back their trash and recycling carts to their own property after collection. Removing the carts from the alleys between collections ensures that everyone has access to the public right-of-way; prevents cart loss, misuse and damage; reduces illegal dumping in the carts; minimizes

recycling contamination, and provides clearer sight lines and a cleaner look for our alleys. Carts that are used improperly, including left in the street or alleys between collections, will be removed.

Every four weeks an extra trash service will collect up to 10 bags and 5 large items next to your black cart. See DenverGov.org/Trash for the schedule in your area and take the items out only for that collection day.



City Council Contacts

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Blue Pan Detroit Style Pizza Worth the Wait

By Isaac Godoy and Aidan Aiken

Hi, Aidan Aiken & Isaac Godoy again, 5th graders from Teller Elementary reviewing another neighborhood restaurant. This time we visited the new local pizza place, Blue Pan Detroit Style Pizza, at 12th and Madison.

It's a small place, like 12@Madison, but it has more seating. There are fourteen tables; as well as a bar that seats about 10 people. We went around 7pm on a Tuesday, when basketball was playing on the three flat screen TVs. The indoor string lighting made it feel very homey. Unfortunately, they don't take reservations or call-ins. You have to be there to save a table, so we had to wait 20 minutes - but it was worth it!

We started with the arugula salad. We liked the flavorful roasted tomatoes and artichoke hearts that were in the salad. Afterwards, we ordered a small "Rocky Mountain" & "Prospector" pizza - Detroit Style, with a super thick crust that tasted like fried cheese. The combination of toppings mixed well with each other. Even though the menu says that a small serves 1-2 people, we recommend that 4 people could share a small because it's super rich and filling.

The owner, Giles Flannigan, made a point to come to our table to introduce himself. He mentioned that on Wednesdays, families can get a free kids "make-your-own cheese pizza" with every \$11 adult purchase. He was really nice and thanked us for coming to review his restaurant.

Overall, we thought Blue Pan Detroit Style Pizza was very welcoming and the food was mouth-watering. Their current hours are from 4-10pm daily but starting in November, they'll be open for lunch at 11:30am on Saturdays and Sundays. We encourage you to come and check out this cool, family-friendly addition to our Congress Park Neighborhood.



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Teller PTA Promoting Teller Love Through Events and Participation

By Julie Johnston, Teller PTA

How can you help support our neighborhood school? Eat, sponsor runners and enjoy great music!

– Community Restaurant Night. December 5 at Mici Handcrafted Italian, 727 Colorado Blvd. A portion of the evening’s sales will be donated to the PTA.

– Apex Fun Run. This annual event will be held on February 9. The Apex program brings in coaches to teach leadership and fitness all while raising pledges to help our school. During the Apex Fun Run, students are challenged to get pledges for the laps they will run. Students run for about 30 minutes and run an average 26-36 laps (each lap is 1/16th of a mile). Sponsors can pledge \$1/lap, \$2/lap, \$5/lap, or any other amount for students. All students will receive Apex bands, race-day lap counters (tees with each lap marked), and team awards!

– Tellerpalooza. We have a date! Tellerpalooza will be held on May 12, 2018 at the Bluebird. This event is always a great time. You won’t want to miss it. More details to come after the new year!

– Do you have an idea for supporting Teller? The PTA is always looking for creative ideas, corporate sponsorships and restaurants that are willing to do-

nate a portion of their sales for an evening to the school. If anyone is interested in learning how their business can get involved, they can reach us at fundraising@tellerpta.org or visit <http://teller.dpsk12.org/sponsors/> to learn more.

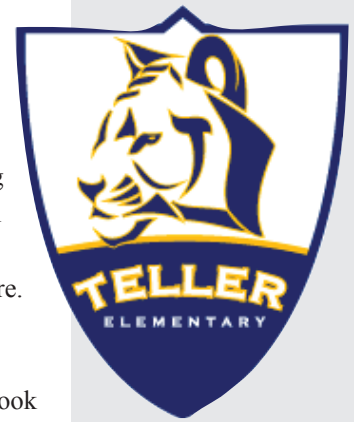
Follow the Teller PTA on Facebook

The PTA will be regularly updating its Facebook page throughout the school year with information about fundraisers and other activities like the ones listed here. In addition to the official school page, “Like” our page on Facebook to be sure to receive the latest updates!

Save the Date: November PTA Meeting

The next PTA Meeting is Tuesday, November 14 from 6:10 – 7 pm in the Teller Library. Learn about the PTA and choose your level of involvement. You do not need to be a member to attend. Pizza and free childcare are provided.

For more--<http://teller.dpsk12.org/teller-pta/>



Teller Mission

Teller Scholars are problem solvers. They ask questions, think critically and grow through personal, social and academic challenge. Our scholars are resilient, independent learners who persevere to college success and beyond.

Happening at Teller

Check out the calendar at <http://teller.dpsk12.org/calendar/>

If you're curious about predictions and values for 2018...

LET'S GET TOGETHER!

A proud Teller parent and supporter



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Sensory Garden

For more on McCord's research, visit: <https://lafoundation.org/news-events/blog/2017/08/07/osp-catharine-mccord/>

For related articles:

Denver Post: <http://www.denverpost.com/2017/10/15/congress-park-school-gets-sensory-garden-denver/>

KUSA: www.9news.com/news/education/denver-sensory-garden-planted-to.../483567892

Congress Park Neighbors and Area Volunteers Contribute Love and Labor to Sensory Garden

By Patricia Smith

More than 50 volunteers put in numerous hours of labor planting shrubs, trees, flowers and grasses to populate the 1/3 acre Sensory Garden at Sewall/REACH at 9th and Fillmore. The design, by CU Landscape Architecture Master's Degree graduate Catharine McCord, was brought to life by members of the Congress Park Neighbors, the CPN Green Team, Independence House and professionals from CU and the Denver Botanic Gardens (DBG). The plants were donated by Denver City Parks' Forestry Division and the DBG.

McCord's design was cited in an Olmsted Scholar Finalist recognition. Her research, under the guidance of graduate advisor and Congress Park resident Jody Beck, drew on the latest data in learning and neurology as well as including extensive interviews with Sewall/REACH staff, students, educators, and parents. The unique Sensory Garden design will grow with the students who use it as an educational and therapeutic resource in play, natural exploration and experiential learning.

McCord, volunteers and the school communities will continue to work on the Sensory Garden as it evolves. Students will cultivate plants and learn from the Sensory Garden.



Sensory Garden neighbor Gruffie Clough planted dozens of grasses and shrubs. She lives across the street and is excited to see the garden grow! Photo by Patricia B. Smith for Sewall.



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Partners In Leadership Advocacy Training offered at Sewall

By Patricia Smith

Through a grant from the Colorado Development Disabilities Council, the Partners in Leadership advocacy training program is again available for qualified applicants. The group meets regularly and offers child care.

The training includes tips for accessing and navigating resources for family members with disabilities. Participants say they have found the training valuable and the camaraderie adds to the program's life-changing value. To apply, please contact Sewall coordinator Janine Westlund at 303-399-1800 or email her at jwestlund@sewallchild.org. The kickoff meeting is November 18 at 940 Fillmore Street.

11th Annual Peace Pilgrim Neighborhood Peace Walk

By Mario Rivera

The 11th Annual Peace Pilgrim Neighborhood Peace Walk took place this year on September 23. This small but mighty event has been occurring annually in Congress Park to celebrate the legacy of Peace Pilgrim, a silver-haired woman who walked more than 25,000 miles on a personal pilgrimage for peace. The event is one of many across North America where people gather to continue Peace Pilgrim's message (www.peacepilgrim.org/).

On a beautiful, sunny Saturday morning, Congress Park neighbors and friends gathered at the church at 1100 Fillmore. Hot coffee and bagels were served and great old folk songs of peace such as Pete Seeger's "If I Had a Hammer" and "Where Have All the Flowers Gone" were enthusiastically belted out by young and old during a pre-walk sing-along.

At 10am, the 1-mile walk commenced up 12th Avenue turning left at York Street, past the Botanical Gardens and around Congress Park. Walkers held up signs promoting peace and community as they marched through the neighborhood. Heading east on 8th Avenue, the walkers turned back to the church where folks visited and enjoyed goodies. Donations to the American Red Cross were also collected for the victims of Hurricane Harvey.

The CPN Green Team organized the event this year, carrying on the tradition of long-time CPN resident Gerry Magnie who was the original organizer of the neighborhood event. Look for notices for the 2018 Peace Pilgrim Neighborhood Peace Walk.

Big thanks to Einstein Bros. Bagels at 8th and Colorado for providing the delicious java and yummy bagels.



"This is the way of PEACE: overcome evil with good, and falsehood with truth, and hatred with love."
– Peace Pilgrim

Peace Pilgrim (1908 – 1981), born Mildred Lisette Norman, was an American non-denominational spiritual teacher, mystic, pacifist, vegetarian activist and peace activist.

Make Sure Contractors Pull Permits

By Wendy Moraskie

We did our research before buying a new furnace this past summer. The company had been around for 50 years, and had great reviews on several service websites. Last week, the furnace began having issues, so we called to have service arranged.

Unfortunately, all the numbers we have for company staff are disconnected, so we're having to set up a new service plan with another company, and the repairs (basically a re-installation) will cost an additional large sum.

The worst part? The installers didn't pull a city permit, which we didn't realize until our reliable service guy said the installation was so shoddy (supported by a long list of basic failures) it could never have passed inspection. The installer's bid and their website said all permits were included in the price, so we just presumed... Ugh.

There can be some real dangers involved with poor furnace (or other systems) installation. See the Denver Post article about Colorado suing another local HVAC company for failing to pull permits. Check your bid to make sure it includes permits and ask to see the permits your contractors pull. That way, Denver city inspectors will have your back.

Green Action Tips for Winter

By Barbara Rivera, Congress Park Green Team

Looking for other ways to get involved in your neighborhood? Come to a neighborhood meeting (every other even month, 7 pm at REACH/ Sewall) and ask a CPN resident or Board member.

This is the first in a series of articles on Green Action Tips, offering a few ways to get started saving water and energy, and reducing waste. Each season, we'll offer more suggestions in each category. Be sure to check the Congress Park Neighbors Green Team webpages for more tips: (<http://www.congressparkneighbors.org/green-team-2/>).

Water Conservation

- Limit showers to 5 minutes. Every minute uses 3 gallons. Quick showers use less water than baths.
- Fix leaky toilets and faucets. Check toilets for leaks by putting a few drops of food coloring in the tank. If color appears in the bowl after 30 minutes, there's a leak. Often you only need to replace the flapper.

Home Energy Efficiency

- Set thermostat to 66-68 degrees F and wear warmer clothing. Dr. Oz says we sleep best when the bedroom temp is 65 degrees.
- Insulate windows with drapes and/or blinds. Shut drapes/blind at night to keep cold out and open drapes/blinds on sunny days to let in solar heat.

Transportation Options to Reduce Pollution and Congestion

- "Way To Go" provides reliable, easy, environmentally friendly, no-nonsense commuting options for Denver area. www.waytogo.org
- Make your car more efficient: remove your roof rack, empty the trunk, keep tires properly inflated, get regular tune-ups & oil changes - can save 10%/year. Ease up on the gas -accelerating quickly and braking often wastes up to 33% more gas!

Waste Diversion & Reduction

- Use your purple recycling bin to minimize your landfill contributions. Not sure what can be recycled? Check out: www.denvergov.org/content/denvergov/en/trash-and-recycling/recycling.html. No plastic bags, please. (After pickup, take your purple bins back to your property.)
- Denver Leaf Drop (Oct 2-Dec 8) keeps all our leaves out of the landfill by diverting them to compost. www.denvergov.org/LeafDrop.
- Eating out? Say "no plastic straws, please" and bring your own re-usable containers for leftovers.

Every action adds up. Together we can make a huge impact!



Reducing Our Environmental Footprint in Congress Park

By Liz Goehring, Barb Rivera, and Becky Coughlin, Green Team members

Congress Park is entering its second year in Denver’s Sustainable Neighborhood Network (SNN), a program intended to help residents enhance the livability of their neighborhood and reduce their environmental footprint (www.sustainableneighborhoodnetwork.org).

To identify efforts for year two, the CPN Green Team hosted a neighborhood-wide Congress Park Climate Action Forum in partnership with the group Accelerate Neighborhood Climate Action and SNN. During the two-day event held Oct 6 & 7, we heard sobering facts about climate reality, hopeful news about clean energy solutions available today, and inspiring stories about resilient neighborhoods working to reduce their own carbon usage. We also heard updates on Denver’s progress towards its 2020 Sustainability Goals.

With all of that as a backdrop, participants envisioned “action projects” we could do as a neighborhood to address climate issues and live sustainably on the Earth. We talked about challenges keeping us from action, and acknowledged strengths we had going for us. Participants left the Forum ready for action! To address issues of particular concern to our neighborhood and region, four “Action Teams” formed:

- Project 1: Reduce Home Carbon Use Coordinator: Mary Sullivan, mesullivan2016@gmail.com
- Project 2: Waste Diversion and Reduction Coordinator: Nicole Malo, citygalmalo@gmail.com
- Project 3: Water Conservation! Coordinator: Carmen Bernedo, cbernedo@yahoo.com
- Project 4: Increase Use of Alternative Transportation Coordinator: Katie Kaplan, katie.driggins@gmail.com

In the coming months, stay tuned for workshops and events on these topics, as well as useful information posted here and at www.CongressParkNeighbors.org.

Want to get involved? Please contact any of the Action Team coordinators to get involved. Or come to the next bi-monthly Green Team meetings (Dec. 2, 2-4 p.m. at 1100 Fillmore).

Special thanks to Wild Flowers (on the corner of 12th and Madison) for providing beautiful water-wise Sedum plants as door prizes!

Check out the Congress Park Green Team’s activities via the Green Team tab at the top of your neighborhood website:

<http://www.congressparkneighbors.org/>

You can see how the team has plunged into the deep end of ‘green,’ and brought the neighborhood with them. From the sustainability initiatives, to local resources, to “Certifiably-Green,” the CPN Green Team is putting CPN on the Green Map!



CONGRATULATIONS!

Congress Park

1st Year Certified Outstanding Sustainable Neighborhood



Congress Park: We Can Avoid Being Victims

By Stephen Eppel, CPN Crime Action Liaison

“The Congress Park Crime Action Committee is committed to coordinate efforts to rid our neighborhood of crime, thus helping to ensure personal safety for all.”
CPN Crime Action Committee Mission Statement

Prevent Crime. No Superpowers Required.

Crooks see unlocked cars and open doors as invitations for their convenience. Even plain ol’ porch lights and lights on timers elsewhere in the house can deter criminal and other unwanted activity. Know your block. Look out for your neighbors.

Crime throughout Denver has been slowly trending up, including in Congress Park neighborhood. In the first nine months of 2017, there were 7 rapes, 10 robberies and 9 aggravated assaults compared to 1, 7, and 11 in 2016. The areas most affected by violent crime continue to be along Colfax Ave. with the Northwestern corner of Congress Park having the greatest number of events.

Property crime also increased in Congress Park. Burglary rose from 37 in 2016 to 54 in 2017. During the same period: larceny increased from 53 to 79 events, theft from motor vehicle went from 54 to 73, and auto theft grew from 35 to 46. Bike thefts increased by 35%.

Yes, crime does occur in Congress Park, and a significant amount of it is unforced, meaning we left our valuables on the front seat of our unlocked car, or didn’t lock our front door when we were in the back yard or garage. Let’s be smart and lock cars, houses and garages.

Crime in Congress Park is lower than in many of Denver’s 78 neighborhoods. We rank 57th for violent crime, 58th for property crime, 62nd for car thefts, and 41st for robberies. Unfortunately, we rank 19th for bike thefts and 40th for sexual assault.

For 2017 Congress Park ranks 32nd for residential burglary. In 2016 we ranked 42nd and 53rd in 2015. The burglary category divided into forced and unforced entry. For 2017 Congress Park ranks 61st for forced entry burglary and 39th for unforced burglary.

What can we do? Avoid being a victim. Be alert and aware of your surroundings particularly along Colfax. Lock up your house, garage and bike even if you will only be away for “a minute.” Keep valuables out of sight –put them in the trunk, not on the seat under a coat. Theft is a crime of the lazy opportunist and takes only seconds.

It is ridiculous that the rate of unforced burglary in Congress Park is as high as it is. Reducing this type of crime is an easily attainable goal and would keep people from going through the awful experience of being a crime victim.



Photo: Vantage Architectural Imagery



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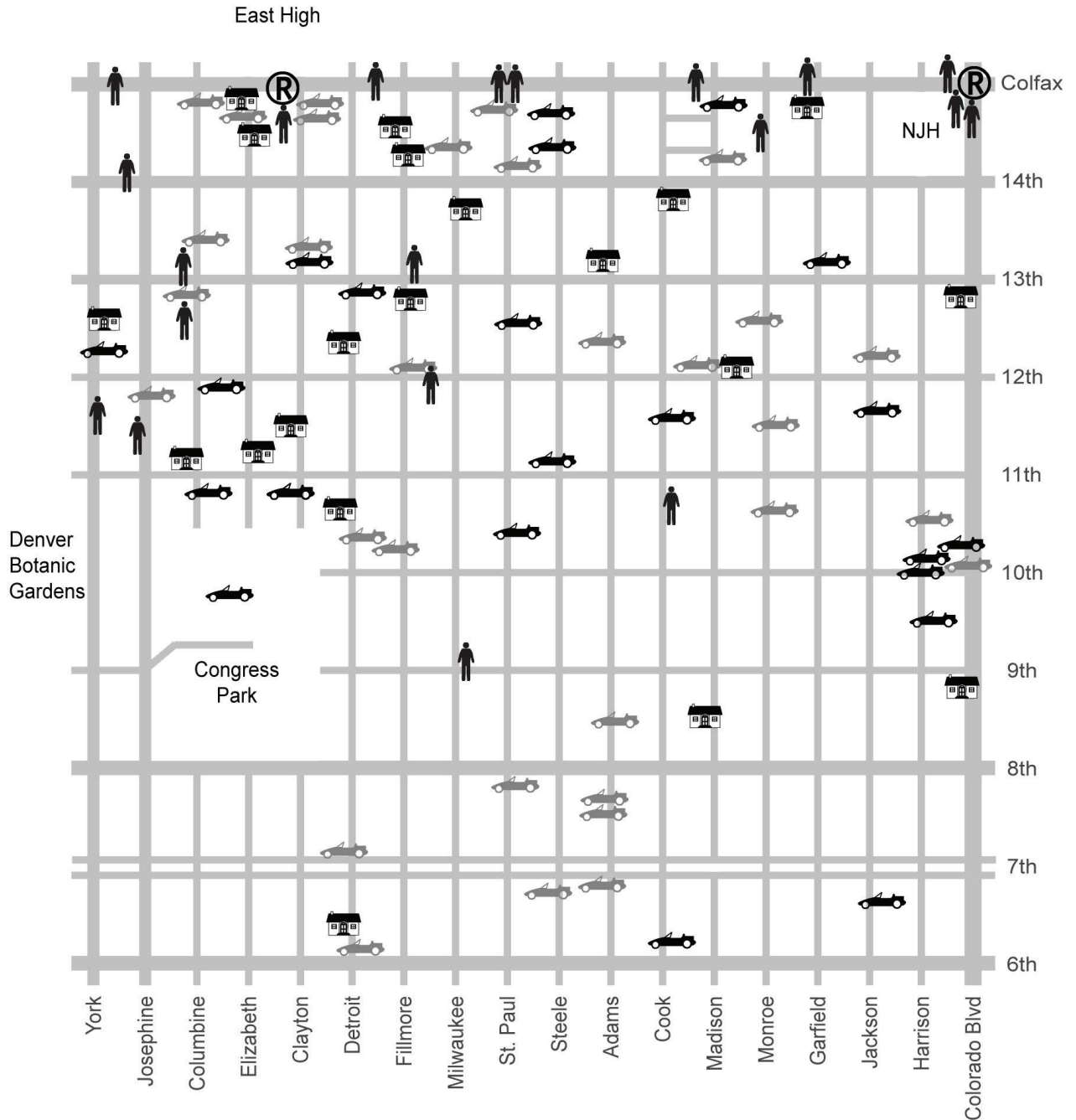
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CONGRESS PARK NEIGHBORHOOD CRIMES JULY - SEPTEMBER 2017



- Sexual Assault
- Assault/robbery
- Burglary
- Auto Theft
- Theft from auto

This map shows a compilation of all serious crimes reported to police within Congress Park in the third quarter of 2017. Crime mapping is provided by the Congress Park Crime Action Committee using City and Police Department statistics.

Equifax Breach Remains an Issue

Easy Ways to Protect Yourself and Your Family
From the Denver District Attorney's Office

The Denver District Attorney's office wants everyone to assume you've been hacked and take action. A recent article on CNBC said, despite all the attention from the Equifax breach, consumers are doing little to protect themselves.

Only about 61 million Americans - just over a quarter of all consumers - checked their credit score or credit report in the two weeks immediately following the Equifax data breach. Requesting reports can be free. Call our office and find out how.

Seventy-one million adults said they hadn't heard anything at all about the data leak even though Equifax's hack affected as many as 145 million people, including personal information such as Social Security numbers, names and birth dates. That number amounts to more than half the U.S. adult population.

Please, do your family and friends a favor and remind them they should:

- Make sure all members of your household put either a freeze or fraud alert on your file. Yes, even your children under the age of 18!
- Change all your passwords- It's far easier to change ALL your passwords than to undo identity theft
- Change all your PINS on all credit card and debit cards.

Protect yourself. And DO IT TODAY.

Have questions about fraud or identity theft?

Call the DA's office at 720-913-9000

Think you've been affected? Call the DA's Fraud hotline at 720-913-9179





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LeafDrop is Back!

In 2017, Brown is the New Green
From Denver Recycles

Keep your fall leaves out of the landfill this year by composting them through Denver Recycles' annual LeafDrop program.

Denver LeafDrop participants decrease their environmental impact, help to keep our streets clean, and save space in the landfill.

Leaves collected during LeafDrop will be commercially composted, and the final compost product will be sold to Denver residents at Denver Recycles' annual Mulch Giveaway & Compost Sale in early May.

Take your bags full of leaves to one of these LeafDrop sites.

SATURDAYS & SUNDAYS,
NOV. 4 – 19 | 11 AM TO 3 PM

- EAST | CRANMER PARK, 3rd Ave. & Clermont St.

- NORTH CENTRAL | BRUCE RANDOLPH HIGH SCHOOL, E.40th Ave. & Steele St.
- SOUTH CENTRAL | VETERANS PARK, S. Vine St. & E. Iowa Ave.

****Please note that the South Central site is at a new location this year****

- SOUTHEAST | CHERRY CREEK TRANSFER STATION, 7301 E. Jewell Ave.

MONDAY – FRIDAY,
OCT. 2 – DEC. 8 | 8 AM TO 2 PM

- CHERRY CREEK TRANSFER STATION, 7301 E. Jewell Ave. (Quebec St. & Cherry Creek Dr. South)
- HAVANA NURSERY,* 10450 Smith Rd. (Just south of I-70 on Havana St.)

*All leaves brought to Havana during the week must be bagged.

For more information on the LeafDrop program, visit DenverGov.org/LeafDrop or call 311 (720-913-1311). For additional information about all of Denver Recycles' programs and services, including the online Recycling Directory, visit DenverGov.org/DenverRecycles, or call 311 (720-913-1311).



Fall Cleaning? Yes, It's a Thing.

Donate the coats and boots you no longer wear.

Councilwoman Debbie Ortega reminded us that the few chilly moments we spend in the cold between houses, cars and work, last a lot longer for the homeless among us. “The homeless endure cold weather without insulating clothing and with uncertainty about where they’ll find shelter and warmth,” Ortega wrote in a recent newsletter.

Ortega strongly encourages us to think about donating warm clothes, coats and boots now, as the cold nights start settling in.

The shelters can use new or gently-used jackets, warm layers and boots; new socks, and new underwear. Many charities will pick up if you call ahead, or you can drop items off as you’re running errands.

If someone you know needs access to shelter during severe winter weather, contact the police non-emergency line at 720-913-2000. Mile High United Way’s 2-1-1 Help Center is also a critical resource to support members of our community who find themselves in need of assistance. Consider adding these numbers to your phone. In an emergency, call 9-1-1.

Visit the city’s homeless help resource page for more information on shelter services.

Recycling Large Household Items

(Hint: These items don't belong in your purple cart.)

From Denver Recycles


Big, bulky and hazardous recyclables require different recycling techniques

APPLIANCES: free recycling collection. Call 800-479-4159 or visit www.ecoprojex.com/denver-pick-up.

ELECTRONICS: Use an E-Cycle Coupon for discounted electronics recycling. Learn more about electronics recycling and the E-Cycle Coupon Program at DenverGov.org/ecycle.


MATTRESSES: Some mattresses and box springs stores recycle used components. Here are two; make appointments online or call:
SpringBack Colorado: 720-515-1328.
iFoams Recycling: 720-757-1824

**BERKSHIRE
HATHAWAY**
HomeServices



Tom Yeoman
REALTOR®

Innovative Real Estate
2460 W. 26th Ave. #120C
Denver, CO 80211
720-243-1712 cell
Tom@ThomasYeoman.com
ThomasYeoman.com
InnovativeRE.com

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Service Club Meeting

Zonta Club of Denver
303-355-3735
90 years working to improve opportunities for at-risk women and children. Monthly dinner, program & meeting on 2nd Thursday, \$35.
www.zonta-denver.org

Worship

Capitol Heights Presbyterian Church
1100 Fillmore; 303-333-9366
A welcoming, diverse and inclusive faith community in Congress Park. Sundays: 9:30 am worship service, 11:00 am education hour.

Advertise Here

Are you reading this?
So are your customers... Great exposure, low cost. Email murphy.michellej@gmail.com for rates.

Neighborhood Directory

Visit these advertisers, and tell them you're glad you found them here.

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Window and Gutter Cleaning

Twin Pines Window Cleaning
Window and Gutter cleaning. Also offering house cleaning, leaf clean up and seasonal snow shoveling. Contact Bob at 303-329-8205. Offering complimentary estimates since 1994.

Professional Organizing

Streamline With Sarah
Give yourself the gift of an organized home and love your space. Contact Congress Park resident and professional organizer Sarah Meyer at (303) 868-2248 (www.streamlinewithsarah.com).

Volunteer Opportunities

Congress Park Neighbors
Meet new friends, share your expertise at neighborhood meetings and discuss issues that are shaping your neighborhood. Third Wednesdays of even months, 7 p.m., Sewall/REACH, 940 Fillmore. Contact cpnboard@congressparkneighbors.org and visit congressparkneighbors.org.

November is American Indian Heritage Month, World Communication Month, Great American Smokeout Month, Peanut Butter Month

December is Safe Toys and Gifts Month, National Stress-Free Holidays Month, and Universal Human Rights Month

January is Eye Care Month, Volunteer Blood Donor Month, Hot Tea Month, Oatmeal Month, Hobby Month

Think Outside the Big Box
Shop at Your
Congress Park Businesses
www.congressparkneighbors.org
lists all merchants in Congress Park. Please visit our site and see how our local businesses support our neighborhood.



Congress Park Neighbors, Inc.
 P.O. Box 18571
 Denver, CO 80218
www.CongressParkNeighbors.org

The best way to keep up-to-date about neighborhood issues i.e., crime alerts, parking, zoning is to sign up for CPN's email broadcast at www.congressparkneighbors.org/eblast.html

Check www.CongressParkNeighbors.org for our advertisers' most recent news!



"The good neighbor looks beyond the external accidents and discerns those inner qualities that make all men human and, therefore, brothers."

- Martin Luther King, Jr.

Congress Park Neighbors Membership Form

Your neighborhood needs you! Join your neighbors today.

Name:
 Email:
 Address:
 Phone:

Date:

I am interested in learning more about:

The above information will only be used for contacting you about Congress Park Neighborhood issues.

- Neighborhood beautification
- 12th Avenue Business Support
- Neighborhood/Colfax Plan
- Historic Preservation
- Newsletter reporting
- Newsletter advertising
- Newsletter production
- Newsletter distribution
- Neighborhood Watch
- Outreach
- Membership
- Social events
- Graffiti abatement
- Crime prevention
- Traffic/Parking
- Zoning
- Other

Member Name: \$20
 If household membership, other persons name:
 Patron (receive 2 passes to the SIE Film Center!): \$30
 Business or organization: \$40

(Circle amount enclosed)

Make check payable to:
 Congress Park Neighbors, Inc.
 P.O. Box 18571
 Denver, CO 80218

Congress Park Neighbors, Inc. is a non-profit organization with an elected, volunteer Board of Directors. Your tax-deductible annual dues support the newsletter, website (www.CongressParkNeighbors.org), mailings and fliers about hot issues, events like the ice cream social and ongoing activities to benefit the neighborhood.