

Congress Park News

The Quarterly Newspaper for The Congress Park Neighborhood

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Vision For Congress Park

Congress Park is a traditional city neighborhood with a small-town atmosphere. Here, people of diverse cultures, ages, colors and economic backgrounds share a sense of community, value older homes and mature trees, and enjoy the convenience of city living amid the stability of a thriving neighborhood.

— 1995 Neighborhood Plan

Return Congress Park's Collection Bins to the Alleyways

By Andrew Clark & Wendy Moraskie

The City mandate requiring Congress Park residents to haul trash, recycling and compost bins from the alley to the street needs to be reversed.

Trash collection from the alleys was working just fine until a few years ago when someone at the City Department of Transportation and Infrastructure (DOTI) Solid Waste Management (SWM) decided to buy trash trucks that were too big for the alleys. Not sure how the contract was awarded without checking truck and alley sizes, but let's look at how we got here.

Alleys Originally Designed for Services

At the turn of the last century, services, whether provided by businesses or the City, were designed to fit the neighborhoods the way they were built. In Congress Park, as in many of the older parts of Denver, the city fathers designed alleys with flat access to the backs of the houses for the various services at the time, including coal delivery, ice delivery, horse and cart maintenance, and trash pick up, among others.

At an April 2017 CPN neighborhood meeting regarding the replacement of alley dumpsters with the smaller bins, Denver Waste Manager Charlotte Pitt

said former Councilwoman Jeanne Robb had requested that smaller recycling trucks be purchased. Ms Pitt reported that three trucks were purchased and three more were ordered, specifically for use in Congress Park.

New City Trash Vehicle Fleet Requires Trash Service in the Street Rather than Alley

Recently, however, DOTI told us the new larger trucks would be purchased and would require a change in trash pick up service and location. Instead of residents leaving the bins near the alley and moving them a few feet for alley pick up once a week, residents would be required to bring the bins around to the front of the house and leave them in the street, between parked cars. Upon notification of the new trucks and this service change, residents raised objections that ranged from logistics and the access from alleys to streets, the plentiful Denver front yard slopes, parking, safety and ecological



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CONGRESS PARK NEIGHBORHOOD VIRTUAL SPRING MEETING

APRIL 20th

Register in advance for the Zoom-based meeting at:
www.CongressParkNeighbors.org

AGENDA TOPICS:
Congress Park Pool Reopening
Tax-Increment Financing (TIF)
City and County of Denver's Expanded Waste Services plan

Congress Park News is a quarterly publication of Congress Park Neighbors, Inc. A network of volunteers produces and distributes it to a circulation of more than 4,500 residents and businesses within the area bounded by Colfax Avenue, Sixth Avenue, York Street and Colorado Boulevard.

Congress Park News
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Your articles, letters and advertisements are always welcome. Reach out to Wendy at wendyrich@msn.com

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Neighborhood Organization Notes

Thank you to all the neighbors that help with communications, membership, and more. You make Congress Park a great place to live!

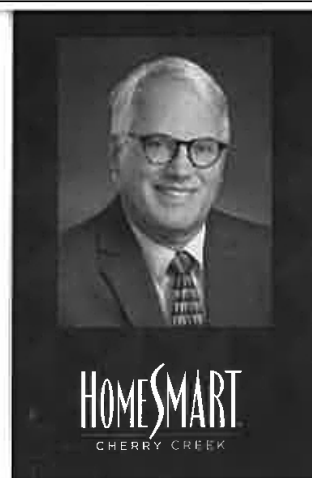
Suggestions for the Board?

Send us an email at:

CPNBoard@congressparkneighbors.org

Congress Park Neighbors holds bi-monthly meetings, currently via zoom, on the 3rd Wednesday of "even" months. For meeting notifications, sign up at <https://bit.ly/3Deu831>.

Visit CPN businesses, make new friends and support your neighborhood newsletter. Volunteer CPNews advertising accounts rep needed now! Call Wendy, 303-355-3735, for information.



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Getting Started with Native Plants

By Lee Lee

At the 2022 annual early spring conference of the Colorado Native Plant Society (<https://conps.org>) the keynote speaker was the great ecologist, Doug Tallamy. He suggested we reframe how we talk about biodiversity, from how much we have lost, to how quickly it can be re-established by changing our relationship with the landscapes that surround us—starting in our own yards.

He estimates he has increased the diversity of wildlife around his home by 80% over three years and feels that no matter the scale, we may contribute to restoring webs of life by planting native plants in our yards: <https://homegrownnational-park.org>

Here in the upper Rocky Mountain Steppe, we have unique growing conditions that may seem challenging if we try to cultivate plants ‘from away.’ Denver was built on a former lakebed, so the soil is heavy with clay (and minerals!), and the climate is very dry. Integrating native species in our gardens allow for robust

displays of pollinator-supporting blooms that maintain their character year-round, while using a LOT less water.

The most economical way to get started with native plants is to grow them from seed. It takes patience because natives focus energy on growing deep roots the first year, which allows them to burst forth in bloom only in the second growing season. When plants are grown from seed, they become firmly established in the ground where they were sown.

Early spring is the ideal time for planting native bunching grasses for pollinator habitat; little bluestem, for example, offers over-winter shelter for hibernating bumble bees. While most wildflowers need the cold of winter to break their tough hulls, there are some showy native species that may still be sown in spring including dogbanes, wild mints, echinacea, and for our driest areas, yucca.

Through the first growing season, it is important to make sure the seedlings receive water once a week if it does not fall from the sky. Once these plants are established, they should not need any additional watering. Visit www.prairiemoon.com to source native seeds and find instructions on sowing them.

Lee Lee was born and raised in central Denver and maintains a creative practice at the intersection of visual art and ecology.

Contact her at:
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Email: lee-lee@virtualvoices.org
Instagram: [@seed.disperse](https://www.instagram.com/seed.disperse)



Seeds from the hearty Rudbeckia species may be sown in early spring. Here, Rudbeckia hirta, or Black-eyed Susan grows out of gravel along a post and beam fence.

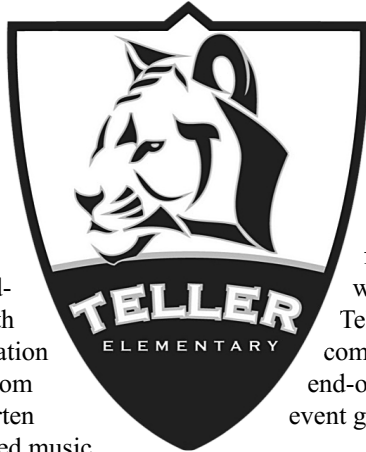
News from Teller Elementary School

By Kristy with Teller Elementary

Teller Elementary just completed their annual Fun Run fundraising event, which raised over \$70,000 for the school. These funds will be used for building improvements, classroom enhancements, and future student activities. We are so incredibly grateful for the tremendous support from the Teller and Congress Park communities.

Teller students concluded Black History Month with a musical presentation on Feb. 25. Students from every grade, Kindergarten through Fifth, performed music from throughout history celebrating Black History, from African drumming and spiritual and work songs to R&B, pop, and reggae. The students worked so hard and their performances were stellar!

In other news, field trips and volunteer opportunities at Teller are finally back for the first time since the pandemic began! Staff, teachers, and students are so excited to welcome families back inside Teller's doors and families are equally excited to be there!



As we look forward, we see the annual Teacher Appreciation Week coming up in May. That week, we will be celebrating our wonderful teachers all week. This is an annual event in which we

show our teachers how much we love them and honor all that they do for our children and our community.

Unfortunately, the beloved end-of-school-year fundraiser, Tellerpalooza, will not be returning. The Teller PTA is working hard on coming up with a replacement end-of-school-year fundraising event going forward.

If you would like to help support our wonderful local elementary school, please consider our Simply Giving program found at:

teller.dpsk12.org/donate

Simply Giving is a direct and tax-deductible donation program in which parents, family, friends, and community members can contribute to our school. You can donate any monthly amount or make a single donation at any time.

Let there be light – on your porch!

Yes, crime prevention and safety experts agree that lighted porches can be a good safety feature (your guests won't trip up the stairs) and a crime prevention tool (burglars will avoid well-lit areas).



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Collection Bins to the Alleyways

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concerns. DOTI's solution was to ignore the residents' objections.

Do the Math

Picking up trash in the alleys requires a smaller truck that is already in DOTI's inventory, and each alley gets one pass through, totaling about 17 miles. With larger trucks the theory is the same, but the trucks, with can-lifters only on one side, have to drive each street twice, once in each direction, and now each

avenue twice, totaling at least 50 miles. So, these new larger trucks are causing more passes down each block, more employee time and fuel usage, increased damage to cars, increased danger to pedestrians, and residents (including our seniors, disabled and the occasionally ill person), having to move their bins from the alley, out front to the street.

In addition, the bi-monthly large item pickup is also occurring in the street, meaning broken furniture, mattresses, rugs, Christmas trees and other large items that used to be in the alley for pickup, are now among the parked cars on our streets, causing fire, safety and cleanliness dilemmas.

At a July 2021 Congress Park meeting, DOTI SWM division director Art Mejia presented a slide deck touting the new street pick up plan as providing opportunities for better customer service, less environmental impact, improved employee and community safety, and decreased property damage. In fact, the results are the opposite of what he presented.

What can YOU do?

In spite of repeated objections and many individuals' calls and emails to DOTI, Congress Park residents have received very little response to this issue from DOTI or our city councilman Chris Hinds. The next step may require a more organized approach.

Mark your calendar for the April 20 Congress Park meeting (more information at www.congressparkneighbors.com) to hear a proposal to make our voices heard at DOTI.

Let's get trash and recycling services back in the alleys where they belong. Our city and neighborhood alleys were designed for it.



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Lisa Santos
Broker Associate
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Arborists: Unsung Heroes Keeping Our Trees Growing Strong and Living Long

By Denver Forestry

The weather is slowly warming up, birds are more frequently chirping and the sun's setting later—which means spring must be approaching in the coming months. This also means it's time to start preparing for your spring gardening and tree care needs. And no one is better equipped to help get your trees ready for spring than a tree care professional, also known as an arborist.

What is an arborist?

An arborist is a specially trained tree care professional who has expertise on how to plant, care for and maintain trees. In order to perform tree work in Denver, all contractors must be licensed and insured by the city. Licensed arborists help the City of Denver and property owners maintain private and public trees through tree removal, pruning of dead, diseased or damaged branches, and treatment of insects and diseases. This maintenance helps ensure our urban forest remains healthy and resilient and prevents potential damage to our properties, city rights-of-way and utilities.

What does an arborist do?

Think of arborists like a primary care provider for your trees. They can help assess a tree's condition, provide recommendations based upon the needs of the species and complete the necessary work, ensuring the health of the tree. Services arborists can provide include:

- **Pruning:** Arborists can help you determine what kind of pruning your tree needs, including improvement of health, appearance and safety of the tree. This may include removing limbs that interfere with utilities or structures or obstruct streets or sidewalks. While some pruning can be done on your own, if you're pruning a large branch or anything from your tree that can't be reached

from the ground, be sure to hire a tree care professional.

- **Tree removal:** Some trees, like ash trees, are susceptible to an invasive insect called Emerald Ash Borer (EAB) which impacts all ash species and quickly kills untreated trees. If you need assistance removing a right-of-way ash tree, Denver's Office of the City Forester can potentially help through the Ash Tree GAP removal and replacement program. Thronectria Canker is increasingly common on honeylocusts and is easily spread between trees if pruning equipment isn't properly disinfected.
- **Emergency tree care:** Removing or pruning storm-damaged trees may be necessary after severe weather events to keep trees healthy and to ensure broken or damaged limbs don't pose a risk to you or the public's safety.
- **Planting:** Arborists can also help with getting a new tree off to a healthy start by assisting with planting and creating a care plan that you can implement with ease. If you're interested in planting a tree in the public right-of-way adjacent to your

Continued on page 7

RESOURCE FOR RENTERS

Community Economic Defense Project

Free legal assistance to qualifying tenants facing eviction, housing instability or related issues.

Referrals to Colorado Stability Fund as needed.

Know Your Rights Training and Legal Clinic, open to all Denver County residents.

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Translation services available

Haley DiRenzo (she/her)
haley.direnzo@cedlaw.org
720-356-0136

Tom Yeoman
Broker Associate



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Arborists

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Denver property, you can apply for a free tree.

Why should I hire an arborist?

Trees are assets on our properties. They provide natural beauty year-round, summertime shade and a place for our flying friends to rest their wings. They increase the value of our homes, provide numerous environmental benefits and improve our quality of life and mental health. They're also an investment—meaning they require proper and regular care. When it comes to caring for your tree, arborists are specially trained and equipped to perform the necessary work.

Depending on what's required, tree work may be dangerous for homeowners to perform themselves. Licensed arborists are insured and specially trained in safety precautions while treating trees and will come to your property prepared with the appropriate equipment and training to keep themselves, the public and your property safe while caring for your trees.

Every tree is unique, and each requires a different plan of care.

What should I look for when hiring an arborist?

When looking to hire tree care professionals, you may want to make sure the company has an International Society of Arboriculture (ISA) Certified Arborist on staff. This certification ensures an individual is proficient in the competencies needed for proper tree care. ISA Certified Arborists have knowledge in areas like tree biology, diagnosis, maintenance practices, proper safety procedures and other subject and practical areas within the tree care industry.

Where can I find an arborist in Denver?

Denver's Office of the City Forester provides a helpful list of tree care professionals in Denver.

The best time to plant a tree was 20 years ago.

The second best time is now.

- Chinese Proverb



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 905,000 MEDIAN LIST PRICE	 950,000 MEDIAN SOLD PRICE	 4 MEDIAN DAYS ON MARKET	 2,414 MEDIAN TOTAL SQ FT	 644.23 MEDIAN PRICE PER SQ FT ABOVE GROUND
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Contact Trish Kelly, your Congress Park neighborhood expert for real estate advice!
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Congress Park Restaurant Review: Billy's Inn Congress Park

1222 Madison, 303.736.2260, www.billysinn.com/congresspark/

By The Congress Park Foodie

Billy's Inn Congress Park opened in late January 2022, and we were excited to give it a warm Congress Park Neighborhood welcome. We waited two months to let them iron out the "new restaurant kinks" and dined in on a recent Saturday evening.

Of course we were really sad to see Tag Burger Bar close its doors in October 2021. The approachable yet gourmet burgers were a neighborhood staple for 11 years and will be missed! We tried not to compare Billy's too much to Tag, as they are totally different concepts.

The bar scene was casual but fun, and the small 2-top booth tables and long high-top communal table in the center of the space had a good vibe with various parties intermingling occasionally. At 7:30 pm, the approximately 75% of the available seating appeared filled. With a lot of hard surfaces, it was noisy, but not overly so.

I admit I have not visited the original Billy's Inn location in the Berkeley neighborhood, a beloved 89-year old neighborhood institution with a touch of unique Spanish Colonial architecture.

The Congress Park location's exterior, in the quaint mid-century shopping center on the northeast corner of 12th Avenue and Madison Street, naturally lacks the architectural charm of the sister location. However, the interior decor attempts to replicate some of that appeal with paned glass windows, colonial pendant lighting and a (false) exposed truss ceiling. All said, it has a nice feel that befits a neighborhood casual restaurant.

Our first round of drinks, including the Original Margarita and the Oaxaca Old Fashioned were delicious. I'll be back for the Old Fashioned multiple times

this summer, guaranteed. Beers to follow those drinks later in the evening were cold and refreshing, as to be expected.

On to food, we were told by our waiter that the menu standouts were the Baja Fish Tacos, the burgers, the California Burrito Plate, and the Quesabirria a la Plancha (braised goat).

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SCL Health
MEDICAL GROUP

sclhealth.org/congresspark

Spring 2022 Green Team Action Tips

By The Grantham Institute, Imperial College of London
Excerpts collected by Barbara Rivera, Congress Park Green Team

Our world is warming and taking action on climate change can make all our lives better. Small changes to your home, transport, energy use and diet can contribute in a big way to the fight against climate change!

Scientists at the Grantham Institute drew up a list of the most achievable ways you personally can make a difference. While individuals alone may not be able to make drastic emissions cuts that limit climate change to acceptable levels, personal action is essential to raise the

importance of issues to policymakers and businesses. Using your voice as a consumer, a customer, a member of the electorate and an active citizen, will lead to changes on a much grander scale.

Make Your Voice Heard by Those in Power

Tell your Members of Congress, state and local representatives that you think action on climate change is important. A prosperous future depends on their decisions about the environment, green spaces, roads, cycling infrastructure, waste and recycling, and air quality and energy efficient homes.

Join a group that focuses on environmental activities or gets everyone talking about climate change action, such as Green Team Academy, Aspen Institute, Denver's Office of Climate Action, Sustainability and Resiliency, and the CPN Green Team.

Eat Less Meat and Dairy

Avoiding meat and dairy products is one of the biggest ways to reduce your environmental impact on the planet. Studies suggest that a high-fiber, plant-based diet is also better for your health.

Leave the Car at Home

Instead of getting in the car, walk or cycle – and enjoy the physical and mental health benefits and the money saved. For longer journeys, use public transport, or try car sharing.

If driving is unavoidable...

- Switch off the engine when you park or are waiting for someone.
- Make sure the tires are fully inflated and air sensors are working– this can improve fuel mileage and efficiency by up to 3% and 40% respectively.

Continued on page 14

2021 was a busy real estate market in CONGRESS PARK...



1240 Detroit
Represented the BUYER
Bought off-market



1343 Clayton
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off-market listing



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Eating for Good Health

By Paul and Monica, Daily Apple Clinic

Unhealthy eating is one of the more challenging lifestyle habits to change when talking about health. One contributing factor is that early food exposures teach our bodies to recognize certain tastes and textures as desirable. Eating broccoli as a kid begets broccoli for brunch as an adult, and those sugary treats we enjoyed as toddlers often lead to a sweet tooth down the road.

Adopting a healthy diet is, of course, not only good for children. As adults, continuing on a healthy path or switching to healthier options protects us from chronic health conditions such as heart disease, obesity and diabetes. Healthier foods are loaded with vitamins and antioxidants which strengthen our immune systems and help us avoid the unhealthy fats, sugars and salts that prevent us from living longer, healthier lives.

A healthy diet in a nutshell

There is strong consensus among health organizations about what healthy eating looks like. It has three main characteristics:

- The right food groups
- Variety
- Proper portions

The U.S. Dietary Guidelines for Americans 2020-2025 encourages individuals to follow a “healthy eating pattern” in all stages of life by reducing intake of calories from sugary treats, saturated fats, sodium and alcohol, while focusing on variety and limiting portion size to what fits on an 8- to 9-inch plate. They recommend the consumption of vegetables of all types and colors, fruits (ideally whole/raw), whole grains (e.g. oatmeal, brown rice), low-fat dairy (e.g. low-fat milk, yogurt), and a variety of proteins (e.g. legumes, lean meats, eggs, nuts/seeds).

Both the American Heart Association and the World Health Organization also endorse prioritizing the intake of vegetables, legumes, fruits and whole grains. They advise consuming skinless chicken and fish while limiting the intake of red meats, sweet treats, sweet drinks and any processed foods, which are known to contain an excessive amount of salt, sugar and saturated fats.

Basically, if it comes in a package and doesn't look like what your grandmother ate, you probably want to avoid it. For more detailed information, please feel free to check out the “Four



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Billy's Inn Review

Continued from page 8

We ended up ordering the Queso Fundido to start, followed by the Quesabirria and a simple Cheese Enchilada. The Queso was tasty, as most melted cheese with chips is. The cheese enchilada was solid - but then it's hard to exceed expectations with such a standard dish. The Quesabirria, though, was very tasty, with nicely charred tortillas wrapping the braised goat and cheese center. It came with three different sauces, all of which gave the simple dish more depth.

When we go back, we'll be sure to try the Elote, Deluxe Nachos, Baja Fish

Tacos, one of the burgers, and the pie for dessert (that was strategically placed in the desert case near the front entrance). Also - if I stay up late enough one night, we'll get the late-night menu street tacos. (As a mom of two young children, this seems unlikely. Hint to the chef: put them on the regular menu!)

One recommendation would be to make the most of patio season this summer to help build the customer base for the winter months. I wasn't wowed by the patio options at quick glance, but to be fair, it wasn't quite patio season. The Berkely location has the benefit of being on much busier streets (44th and Lowell), so I hope 12th Avenue can garner enough pedestrian, bicycle and other passerby traffic to get folks in the doors. Also, with Machete Tequila + Tacos just 3.5 blocks away at Monroe & Colfax, Billy's is going to have to differentiate a bit from that menu and scene.

My last recommendation would be to focus a bit more on the family-friendly neighborhood vibe that is the 12th/Madison corner. While I didn't bring my kids to Billy's *this* time, it didn't feel like it was particularly going out of its way to be kid friendly. A few 4-top booths and some acoustic improvements would go a long way. (I also realize a place that is *not* super family-friendly may be a selling point for some folks, and that's fair too).

With that, we give a hearty Congress Park Neighborhood welcome to Billy's Inn and congratulate them on opening their second location. We wish them the best and will be back for tacos and more delicious cold cocktails this summer!

Billy's Inn Congress Park Hours

Monday – Thursday: 11am to 10pm

Friday: 11am to 11pm

Saturday: 10am to 11pm

Sunday: 10am to 10pm



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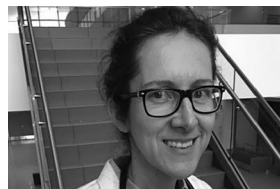
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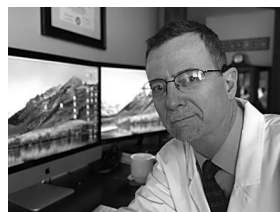
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Monica Schonteich, FNP



Paul Reynolds, FNP

Denver Crime Data Incomplete, Hard to Find

By Stephen Eppler, Crime Action Chair

For more than eight years I have written a crime action column for the Congress Park News. During the past several years this has become progressively more difficult because both The Denver Post and the Denver Police Department are no longer regularly updating their databases and providing a continuous historical record. This makes it impossible to analyze trends.

The current DPD Crime Map plots data from 2/24/22 to 3/10/22 for different neighborhoods and the entire city. However, the map does not update appropriately for different date ranges. DPD stopped publishing their tabular crime data in 2020. Archival data for 2019 and earlier is still available, but there is nothing more recent.

Initially, I was able to cobble together data for a spreadsheet using the Denver.gov Crime Information Dashboard. This stopped being updated in March of 2021. Supposedly, data can be accessed through the Open Data Catalogue, as a Shapefile (.shp) but this requires differ-

ent software.

The Denver Post has also ceased to be a reliable data source. A recent Post article examined “35 years of crime data,” but stopped at 2020. Nothing more recent was included. When 2021-2022 data attributed to the Denver Post appeared several weeks later in a London Daily Mail article, I reached out to the Denver Post reporter, Elise Schmelzer to ask why her article excluded this more recent data. She replied, “because while we had that data from Denver, it was not yet available for Aurora or Colorado Springs (or statewide for that matter).” She indicated that she was “working on a closer look at Denver 2021 crime.”

During a recent Congress Park Neighbors meeting I inquired of a Denver Police representative about the difficulties in accessing current and historical crime data. “We can’t get it either,” was the response.

If you have any ideas or resources to suggest, please contact the CPN Board.

CPN Crime Action Committee Mission Statement:

The Congress Park Crime Action Committee is committed to coordinate efforts to rid our neighborhood of crime, thus helping to ensure personal safety for all.

Good Health

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Pillars” section of our website at www.dailyappleclinic.com.

Creating a “greener” lifestyle

So, it may be time to put the ‘garden’ back in your girdle. You can cultivate a garden plot or develop a deep, new friendship with the produce section at your favorite grocery (or both). You can even grow edibles on your lanai as we have with mint, oregano and rosemary. If you already have a garden, you can pat yourself on the back as an official member of the healthy harvest team. Show your pride by planting extra and sharing your tomatoes, onions, carrots, artichokes, cucumbers, spinach, squash,

radishes, and garlic with neighbors near and far.

As well, experiment as you add more vegetables to your culinary repertoire - think about new and different types of veggies you could grow on your farm. You might just retrain your taste buds to enjoy some amazing new flavors and crave healthier choices. As social gatherings become more possible, why not look for interesting recipes online, invite friends over and become a chef for an evening? Your family and neighbors will love you for it, and you can enjoy your new healthy creations together!

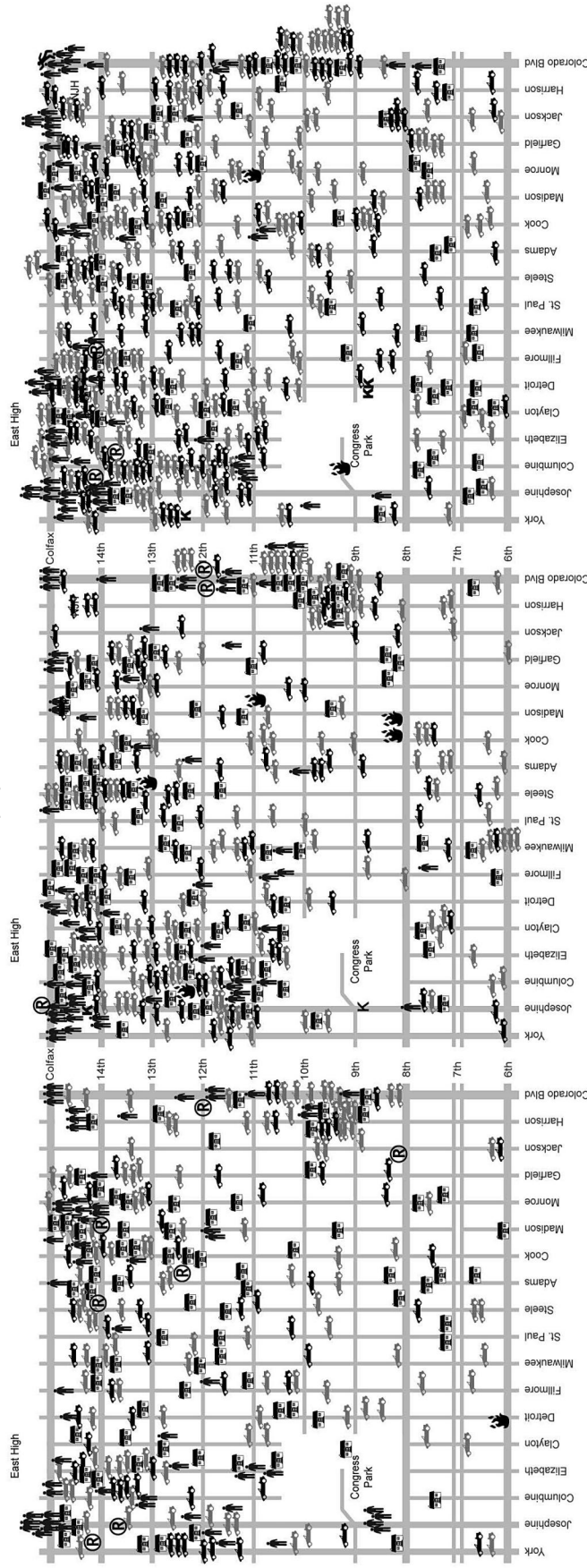
Be well and take good care.

CONGRESS PARK NEIGHBORHOOD CRIMES

2019

2020

2021



Murder



Sexual Assault



Assault/Robbery



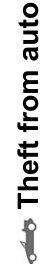
Kidnapping



Burglary



Auto theft



Theft from auto



Arson

The maps above show a compilation of all serious crimes reported to police within the Congress Park Neighborhood for the past three years. Crime mapping provided by the Congress Park Crime Action Committee from statistics relayed through the City and Police Department.

Please observe and compare the annual Congress Park Neighborhood crime maps, in order that you may develop crime prevention strategy on your block.

Green Team

Continued from page 9

Reduce Your Energy Use & Bills

Small changes in your behavior at home will help you use less energy, cutting your carbon footprint and your energy bills:

- Put on an extra layer and turn down the heating a degree or two.
- Turn off lights and appliances when you don't need them.
- Replace light bulbs with LEDs or other low-energy lights.
- Make simple changes to how you use hot water, like buying a water-efficient showerhead.

Respect and Protect Green Spaces

Green spaces, such as parks and gardens, are important. They absorb carbon dioxide and are associated with lower levels of air pollution.

What can I do?

- Plant trees. Whether you want to plant a single tree in your garden, or a whole grove.
- Create a green space. Add potted plants to your windowsill or balcony.
- If you have your own outdoor

space, reduce lawn size, add water-wise plants and decrease the lawn maintenance that harms the environment. Use less water, mow less frequently and leave clippings on the lawn.

- Help to protect and conserve green spaces like local parks, ponds or community gardens.

Cut Consumption and Waste

Everything we use as consumers has a carbon footprint. You can: avoid single-use items and fast fashion, and try not to buy more than you need; shop around for second-hand or quality items that last a long time, put your purchasing power to good use by choosing brands that align with your new green aspirations.

Talk About the Changes You Make

Conversations are a great way to spread big ideas. As you make these positive changes to reduce your environmental impact, share your experience with your family, friends, customers and clients.

Don't be a bore or confrontational. Instead, talk positively, and be honest about the ups and downs and your commitment to making changes that make a difference.

Luminaria for Moms We Miss

May 8, Cheesman Park Pavilion,
5:30 - 8:30 pm

Volunteers for empowerHER, will host LUMINARIA, a magical display of lighted, personalized bags honoring loved ones, on Mother's Day evening. This Mother's Day, girls from across the globe will grieve the loss of their mothers and LUMINARIA shows we care, while reminding them they are not alone in their grief. Each LUMINARIA bag, purchased by donors from across the globe for a suggested \$25 donation, raises critical operating funds and spreads awareness of life-changing programs.

empowerHER was formed in 2013 to empower, support and connect girls and young women who have experienced the loss of their mothers, through a supportive and inclusive community that offers events and mentorship.

www.empoweringher.org/luminaria

Neighborhood Advertisers Directory

Window & Gutter Cleaning	Twin Pines Window Cleaning Window and Gutter cleaning. Also offering house cleaning, leaf clean up and seasonal snow shoveling. Complimentary estimates since 1994. Contact Bob at 303-329-8205.
Worship	Capitol Heights Presbyterian Church 1100 Fillmore; 303-333-9366 A welcoming, diverse and inclusive faith community in Congress Park. Sundays: 9:30 am worship service, 11:00 am education hour.
Service Club	Zonta Club of Denver 100 years working to improve opportunities for at-risk women and children. Virtual meetings every 2nd Thursday. www.zonta-denver.org 303-355-3735

*Let your neighbors know how your local business and services can help them.
For advertising rates, email Wendy at wendyrich@msn.com*

Keep it Local.

Shop outside
the Big Box!

Upcoming Neighborhood & City Events

Save the Date:
**Congress Park
ICE CREAM
SOCIAL**
August 2nd*

**Pending Covid Case
Counts in July*

April 20	Congress Park Neighborhood Meeting Held virtually via Zoom; for more info, visit congressparkneighbors.org
April 24	Cherry Creek Sneak 10-mile, 5-mile, 5K & Kids' Fun Run cherrycreeksneak.com
May 1	Modern Women/Modern Vision Exhibition at the Denver Art Museum www.denverartmuseum.org
May 8	Luminaria for Moms We Miss https://www.empoweringher.org/luminaria
May 14-15	Colfax Marathon Weekend 5K on Saturday; Marathon, Half Marathon and 10K on Sunday https://www.runcolfax.org/
Early June	New Congress Park Pool Opens Stay Tuned for More Information www.denvergov.org
June 15	Congress Park Neighborhood Meeting Held virtually via Zoom; for more info, visit congressparkneighbors.org

Photo: Jess Blackwell Photography



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Congress Park Neighbors, Inc.
P.O. Box 18571
Denver, CO 80218
www.CongressParkNeighbors.org



The Congress Park Tennis, Pickleball and Basketball Courts Improvement Project is Underway!

Improvements are slated to include reconstructing and resurfacing existing courts, expanding and relocating the pickleball courts to the western-most current tennis courts locations (to mitigate sound impacts to adjacent residential properties) and park and court accessibility improvements.

Construction is anticipated to start in winter 2022 and be completed in the summer of 2023. The Congress Park Playground Replacement Project is slated to start this year and be completed in

Learn more at:

<https://www.denvergov.org/parkprojects>

Don't Go Breakin' My Cart (with apologies to Elton John)

Avoid the heart (cart?) break!
Bring your trash/recycle/compost cart back onto your property after collection day.

Per the City: "Service carts must be stored on your property, out of public view as best as you can on non-collection days. Store your carts in your garage, breezeway, side of house, shed, or other location. Do NOT store your carts in the alley or on the street. Carts continually left in alleys or on the street may be removed."



Carts sing "Gimme Shelter..."
(with apologies to the Rolling Stones)

Congress Park Neighbors Membership Form

Your neighborhood needs you! Join your neighbors today. The information below will only be used for contacting you about Neighborhood issues.

Name(s):

Email:

Address:

Phone:

☐ Individual or Family Membership (\$20)

☐ Patron (\$30)
(receive 2 SIE Film Center passes!)

☐ Business or organization (\$40)

Make check payable to:
Congress Park Neighbors, Inc.
P.O. Box 18571
Denver, CO 80218

I am interested in learning more about:

- ☐ Neighborhood Green Team
- ☐ Business Support
- ☐ Neighborhood Planning
- ☐ Historic Preservation
- ☐ Newsletter writing/production
- ☐ Newsletter advertising
- ☐ Newsletter production
- ☐ Newsletter distribution
- ☐ Neighborhood Watch
- ☐ Outreach
- ☐ Membership
- ☐ Social events
- ☐ Graffiti abatement
- ☐ Crime prevention
- ☐ Safe Streets/Traffic/Parking
- ☐ Zoning
- ☐ Other

Congress Park Neighbors, Inc. is a non-profit organization with an elected, volunteer Board of Directors. Your tax-deductible annual dues support the newsletter, website (www.CongressParkNeighbors.org), mailings and fliers about hot issues, events like the ice cream social and ongoing activities to benefit the neighborhood.